

|             | Name                       | Age Category | Minutes | Seconds | Total Time | Adjusted Time | Points |
|-------------|----------------------------|--------------|---------|---------|------------|---------------|--------|
| <b>LONG</b> |                            |              |         |         |            |               |        |
| 1           | Neil Harvatt               | M50          | 37      | 49      | 2269       | 1724          | 1000   |
| 2           | Paul Murgatroyd            | M40          | 33      | 25      | 2005       | 1764          | 977    |
| 3           | Phil Longstaff             | M55          | 41      | 48      | 2508       | 1781          | 968    |
| 4           | Dave Gourlay               | M45          | 38      | 6       | 2286       | 1875          | 920    |
| 5           | Terry Crosby               | M50          | 42      | 12      | 2532       | 1924          | 896    |
| 6           | Robert Parkinson           | M50          | 42      | 25      | 2545       | 1934          | 892    |
| 7           | Andy Lucas                 | M45          | 39      | 34      | 2374       | 1947          | 886    |
| 8           | John Fulwood               | M60          | 50      | 13      | 3013       | 1958          | 881    |
| 9           | Elizabeth Parkinson        | W16          | 45      | 41      | 2741       | 2001          | 862    |
| 10          | Ian Wells                  | M55          | 47      | 23      | 2843       | 2019          | 854    |
| 11          | Martin Wheeler             | M55          | 47      | 51      | 2871       | 2038          | 846    |
| 12          | Paul Barnes                | M35          | 37      | 55      | 2275       | 2139          | 806    |
| 13          | Joanne Nell                | W45          | 47      | 21      | 2841       | 2159          | 799    |
| 14          | Kevin Kirk                 | M16          | 46      | 27      | 2787       | 2202          | 783    |
| 15          | Amanda Mylett              | W55          | 57      | 49      | 3469       | 2255          | 765    |
| 16          | Tom George                 | M16          | 48      | 31      | 2911       | 2300          | 750    |
| 17          | Dave Raynes                | M55          | 55      | 16      | 3316       | 2354          | 732    |
| 18          | Charlie Thomas             | M18          | 47      | 28      | 2848       | 2421          | 712    |
| 19          | Jon May                    | M21          | 40      | 26      | 2426       | 2426          | 711    |
| 20          | Sean Harrington            | M50          | 53      | 22      | 3202       | 2434          | 709    |
| 21          | Lewis Goddard              | M14          | 56      | 26      | 3386       | 2472          | 698    |
| 22          | Karen Williams             | W40          | 50      | 15      | 3015       | 2472          | 698    |
| 23          | Helen Parkinson            | W40          | 50      | 46      | 3046       | 2498          | 690    |
| 24          | Terry Matthews             | M55          | 58      | 50      | 3530       | 2506          | 688    |
| 25          | Paul Taylor                | M40          | 47      | 49      | 2869       | 2525          | 683    |
| 26          | Chris Smith                | M40          | 55      | 12      | 3312       | 2915          | 592    |
| 27          | Andy Parker-Pilsworth      | M35          | 55      | 56      | 3356       | 3155          | 547    |
| 28          | Hayley Fox                 | W35          | 59      | 58      | 3598       | 3238          | 533    |
| 29          | Charlotte & Sam Towers     | W10          | 89      | 27      | 5367       | 3328          | 518    |
| 30          | Imogen & Family Hutchinson | W12          | 81      | 39      | 4899       | 3331          | 518    |
| 31          | Adrian White               | M35          | 59      | 55      | 3595       | 3379          | 510    |
| 32          | Matt Smith                 | M21          | 57      | 15      | 3435       | 3435          | 502    |
| 33          | Jen Healing                | W21          | 59      | 58      | 3598       | 3490          | 494    |
| 34          | Dave & Neil Goddard        | M40          | 74      | 10      | 4450       | 3916          | 440    |
| 35          | Sue & Sam Bond-Taylor      | W12          | 107     | 38      | 6458       | 4391          | 393    |
| mp          | Jeff Baker                 | M55          | 50      | 27      | 3027       | 2149          | 0      |

The percentage handicap adjustments will be as follows: M/W 10 & below: 62%; M/W 12: 68%; W14: 71%; M14/W 16: 73%; M16/W 18: 79%; M18/W 20: 85%; M20: 97 %; M21: 100%; W 21: 97%; M35: 94%; W35: 90%; M 40: 88%; M45/W40: 82%; M50/W45: 76%; M55/W50: 71%; M60/W55: 65%; M65/W60: 60%; M70/W65: 55%; M75+/W70+: 50%

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| <b>SHORT</b> |                |              |         |         |            |               |        |
| 1            | Steven Barnett | M16          | 21      | 15      | 1275       | 1007          | 1000   |

|           |                  |     |    |    |      |      |     |
|-----------|------------------|-----|----|----|------|------|-----|
| <b>2</b>  | Harry Gourlay    | M10 | 34 | 56 | 2096 | 1300 | 775 |
| <b>3</b>  | Craig Lucas      | M12 | 33 | 13 | 1993 | 1355 | 743 |
| <b>4</b>  | Clare Hanna      | W40 | 30 | 11 | 1811 | 1485 | 678 |
| <b>5</b>  | Hazel Williams   | W10 | 40 | 37 | 2437 | 1511 | 667 |
| <b>6</b>  | Trudy Crosby     | W50 | 36 | 50 | 2210 | 1569 | 642 |
| <b>7</b>  | Toby Williams    | M10 | 42 | 29 | 2549 | 1580 | 637 |
| <b>8</b>  | Sarah Fletcher   | W18 | 33 | 27 | 2007 | 1586 | 635 |
| <b>9</b>  | Bella Williams   | W12 | 40 | 48 | 2448 | 1665 | 605 |
| <b>10</b> | Nikki Harrington | W45 | 39 | 21 | 2361 | 1794 | 561 |
| <b>11</b> | Allsopp Family   | M10 | 50 | 44 | 3044 | 1887 | 534 |
| <b>12</b> | Matt Whelton     | M12 | 47 | 51 | 2871 | 1952 | 516 |
| <b>13</b> | David Wait       | M14 | 50 | 58 | 3058 | 2232 | 451 |
| <b>14</b> | Matt Smith       | M16 | 52 | 53 | 3173 | 2507 | 402 |

M14/W 16: 73%; M16/W 18: 79%; M18/W 20: 85%; M20: 97 %; M21: 100%; W 21: 97%; M35: 94%; W35: 90%;  
M 40: 88%; M45/W40: 82%; M50/W45: 76%; M55/W50: 71%; M60/W55: 65%; M65/W60: 60%;  
M70/W65: 55%; M75+/W70+: 50%



