

| | Name | Age Category | Minutes | Seconds | Total Time | Adjusted Time | Points |
|-------------|-----------------------|--------------|---------|---------|------------|---------------|--------|
| LONG | | | | | | | |
| 1 | Neil Harvatt | M50 | 28 | 38 | 1718 | 1306 | 1000 |
| 2 | Paul Murgatroyd | M40 | 24 | 51 | 1491 | 1312 | 995 |
| 3 | Andy Lucas | M45 | 27 | 29 | 1649 | 1352 | 966 |
| 4 | William Parkinson | M14 | 31 | 6 | 1866 | 1362 | 959 |
| 5 | Mark Tyszka | M70 | 41 | 20 | 2480 | 1364 | 957 |
| 6 | Robert Parkinson | M50 | 30 | 41 | 1841 | 1399 | 933 |
| 7 | Terry Crosby | M50 | 31 | 31 | 1891 | 1437 | 909 |
| 8 | Nick Marban | M14 | 32 | 54 | 1974 | 1441 | 906 |
| 9 | Liam Harrington | M21 | 24 | 6 | 1446 | 1446 | 903 |
| 10 | John Fulwood | M60 | 38 | 12 | 2292 | 1490 | 876 |
| 11 | Dave Gourlay | M45 | 30 | 27 | 1827 | 1498 | 872 |
| 12 | Martin Wheeler | M55 | 35 | 38 | 2138 | 1518 | 860 |
| 13 | Phil Longstaff | M55 | 35 | 42 | 2142 | 1521 | 859 |
| 14 | Ian Wells | M55 | 36 | 37 | 2197 | 1560 | 837 |
| 15 | Anne Gibbs | W65 | 47 | 52 | 2872 | 1580 | 827 |
| 16 | Jordan Webster | M14 | 36 | 8 | 2168 | 1583 | 825 |
| 17 | Sean Harrington | M50 | 36 | 25 | 2185 | 1661 | 786 |
| 18 | Amanda Mylett | W55 | 43 | 47 | 2627 | 1708 | 765 |
| 19 | Lewis Goddard | M14 | 39 | 17 | 2357 | 1721 | 759 |
| 20 | Vernon Davis | M65 | 48 | 13 | 2893 | 1736 | 752 |
| 21 | Bella Williams | W12 | 45 | 19 | 2719 | 1849 | 706 |
| 22 | Charlie Thomas | M18 | 36 | 23 | 2183 | 1856 | 704 |
| 23 | Patrick O'Grady | M75 | 62 | 33 | 3753 | 1877 | 696 |
| 24 | Terry Matthews | M55 | 44 | 54 | 2694 | 1913 | 683 |
| 25 | Will Wright | M12 | 47 | 29 | 2849 | 1937 | 674 |
| 26 | Andy Furnell | M45 | 40 | 2 | 2402 | 1970 | 663 |
| 27 | Adam Round | M21 | 33 | 14 | 1994 | 1994 | 655 |
| 28 | Charlotte Webster | W10 | 54 | 12 | 3252 | 2016 | 648 |
| 29 | Jen Healing | W21 | 34 | 45 | 2085 | 2022 | 646 |
| 30 | Geoff Gibbs | M65 | 56 | 37 | 3397 | 2038 | 641 |
| 31 | Robin Wright | M55 | 48 | 8 | 2888 | 2050 | 637 |
| 32 | Trudy Crosby | W50 | 48 | 23 | 2903 | 2061 | 633 |
| 33 | Hayley Fox | W35 | 42 | 23 | 2543 | 2289 | 570 |
| 34 | Adrian White | M35 | 42 | 22 | 2542 | 2389 | 546 |
| 35 | Andy Parker-Pilsworth | M35 | 45 | 48 | 2748 | 2583 | 505 |
| 36 | Ali Wright | W21 | 47 | 53 | 2873 | 2787 | 469 |
| 37 | Matt Smith | M21 | 46 | 43 | 2803 | 2803 | 466 |

The percentage handicap adjustments will be as follows: M/W 10 & below: 62%; M/W 12: 68%; W14: 71%; M14/W 16: 73%; M16/W 18: 79%; M18/W 20: 85%; M20: 97 %; M21: 100%; W 21: 97%; M35: 94%; W35: 90%; M 40: 88%; M45/W40: 82%; M50/W45: 76%; M55/W50: 71%; M60/W55: 65%; M65/W60: 60%; M70/W65: 55%; M75+/W70+: 50%

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|--------------|---------------|--------------|---------|---------|------------|---------------|--------|
| SHORT | | | | | | | |
| 1 | Craig Lucas | M12 | 16 | 38 | 998 | 679 | 1000 |
| 2 | Harry Gourlay | M10 | 22 | 51 | 1371 | 850 | 798 |
| 3 | Chris Smith | M40 | 16 | 56 | 1016 | 894 | 759 |

| | | | | | | | |
|-----------|----------------|-----|----|----|------|------|-----|
| 4 | Hazel Williams | W10 | 26 | 33 | 1593 | 988 | 687 |
| 5 | Toby Williams | M10 | 26 | 46 | 1606 | 996 | 682 |
| 6 | Allsopp Family | M10 | 27 | 22 | 1642 | 1018 | 667 |
| 7 | Franky Couzens | W10 | 27 | 37 | 1657 | 1027 | 661 |
| 8 | Saffron Barnes | W10 | 31 | 39 | 1899 | 1177 | 576 |
| 9 | Deague Family | M10 | 32 | 35 | 1955 | 1212 | 560 |
| 10 | Thomas Webster | M12 | 30 | 37 | 1837 | 1249 | 543 |
| 11 | Ben Mather | M10 | 40 | 27 | 2427 | 1505 | 451 |
| 12 | Hannah Mather | W10 | 40 | 33 | 2433 | 1508 | 450 |
| 13 | Eamon Shanahan | M45 | 41 | 22 | 2482 | 2035 | 333 |

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