Name	Age Category	Minutes	Seconds	Total Time	Adjusted Time	Points
LONG						
Neil Harvatt	M50	34	1	2041	1551	1000
Paul Murgatroyd	M40	29	59	1799	1583	980
Dave Gourlay	M45	32	53	1973	1618	959
Phil Longstaff	M55	38	3	2283	1621	957
Andy Lucas	M45	33	43	2023	1659	935
Martin Wheeler	M55	46	7	2767	1965	790
John Fulwood	M60	51	32	3092	2010	772
Amanda Roberts	W45	45	34	2734	2078	747
Charlie Thomas	M18	41	1	2461	2092	742
Will Wright	M12	52	17	3137	2133	727
Robin Wright	M55	51	57	3117	2213	701
Jon May	M21	37	53	2273	2273	682
Paul Barnes	M35	41	16	2476	2327	666
Jen Healing	W21	48	26	2906	2819	550
Imogen Hutchinson	W14	81	39	4899	3478	446
Emmy Kopliku	W12	90	33	5433	3694	420
Hayley Fox	W35	72	32	4352	3917	396
rtd Sam Edwards	M21					0

The percentage handicap adjustments will be as follows: M/W 10 & below: 62%; M/W 12: 68%; W14: 71%; M14/W 16: 73%; M16/W 18: 79%; M18/W 20: 85%; M20: 97 %; M21: 100%; W 21: 97%; M35: 94%; W35: 90%; M 40: 88%; M45/W40: 82%; M50/W45: 76%; M55/W50: 71%; M60/W55: 65%; M65/W60: 60%; M70/W65: 55%; M75+/W70+: 50%

Name	Age Category	Minutes	Seconds	Total Time	Adjusted Time	Points
SHORT						
Pickett Family	M10	27	15	1635	1014	1000
Ian Durrant	M65	31	17	1877	1126	900
Clare Hanna	W40	24	35	1475	1210	838
Ryan Lucas	M10	34	52	2092	1297	782
Hazel & Toby Williams	W6	36	22	2182	1353	749
Craig Lucas	M12	34	2	2042	1389	730
Bella Williams	W12	40	42	2442	1661	610
Allsopp Family	M10	60	15	3615	2241	452
Ben Mather	M6	63	51	3831	2375	427
Jade Hind	W14	64	11	3851	2734	371
Katie Hind	W14	64	21	3861	2741	370
Nick & Jane McAndrew	M45	58	17	3497	2868	354
rtd Ella & Katie Headland	W6					0

The percentage handicap adjustments will be as follows: M/W 10 & below: 62%; M/W 12: 68%; W14: 71%; M14/W 16: 73%; M16/W 18: 79%; M18/W 20: 85%; M20: 97 %; M21: 100%; W 21: 97%; M35: 94%; W35: 90%; M 40: 88%; M45/W40: 82%; M50/W45: 76%; M55/W50: 71%; M60/W55: 65%; M65/W60: 60%; M70/W65: 55%; M75+/W70+: 50%