	Name	Age Category	Minutes	Seconds	Total Time	Adjusted Time	Points
	LONG						
1	Neil Harvatt	M50	36	20	2180	1657	1000
2	Paul Murgatroyd	M40	31	36	1896	1668	993
3	Elizabeth Parkinson	W16	42	8	2528	1845	898
4	Liam Harrington	M21	30	46	1846	1846	898
5	Andy Lucas	M45	37	48	2268	1860	891
6	Dave Gourlay	M45	39	2	2342	1920	863
7	Robert Parkinson	M50	42	37	2557	1943	853
8	Brian Ward	M45	44	36	2676	2194	755
9	Amanda Roberts	W45	49	53	2993	2275	728
10	Jeff Baker	M55	54	47	3287	2334	710
11	Sean Harrington	M50	52	42	3162	2403	689
12	Jon May	M21	40	30	2430	2430	682
13	Simon Jackson	M40	46	14	2774	2441	679
14	Helen Parkinson	W40	51	36	3096	2539	653
15	Geoff Gibbs	M65	81	55	4915	2949	562
16	Andy Furnell	M45	60	9	3609	2959	560
mp	Charlotte Ward	W18	39	49	2389	1887	0
mp	William Parkinson	M14	43	9	2589	1890	0
mp	Paul Barnes	M35	40	14	2414	2269	0
mp	Nick Malbon	M14	56	20	3380	2467	0
mp	Natalie & Rachel Hill	W21	78	45	4725	4583	0
mp	Dace Medne	W21	84	16	5056	4904	0

The percentage handicap adjustments will be as follows: M/W 10 & below: 62%; M/W 12: 68%; W14: 71%; M14/W 16: 73%; M16/W 18: 79%; M18/W 20: 85%; M20: 97 %; M21: 100%; W 21: 97%; M35: 94%; W35: 90%; M 40: 88%; M45/W40: 82%; M50/W45: 76%; M55/W50: 71%; M60/W55: 65%; M65/W60: 60%; M70/W65: 55%; M75+/W70+: 50%

	Name	Age Category	Minutes	Seconds	Total Time	Adjusted Time	Points
	SHORT						
1	Robin Wright	M55	21	48	1308	929	1000
2	Will Wright	M12	23	13	1393	947	980
3	Craig Lucas	M12	25	33	1533	1042	891
4	Ryan Lucas	M10	30	39	1839	1140	815
5	Amanda Ward	W45	29	2	1742	1324	701
mp	Anne Gibbs	W65	37	23	2243	1234	0

The percentage handicap adjustments will be as follows: M/W 10 & below: 62%; M/W 12: 68%; W14: 71%; M14/W 16: 73%; M16/W 18: 79%; M18/W 20: 85%; M20: 97 %; M21: 100%; W 21: 97%; M35: 94%; W35: 90%; M 40: 88%; M45/W40: 82%; M50/W45: 76%; M55/W50: 71%; M60/W55: 65%; M65/W60: 60%; M70/W65: 55%; M75+/W70+: 50%