



## **Lincoln Orienteering Group**

### **Junior Rules**

**Effective from 13 August 2009**

***The Club believes that it is important that members, coaches, administrators and parents associated with the Club should, at all times, show respect for each other, be encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the Club with the Welfare Officer:***

**Designated Officer - Sarah Pike 07747 793132**

***or the British Orienteering Designated Officer: Mike Hamilton Tel: 01629 734042***

As a member of the Lincoln Orienteering Group you are expected to follow these junior club rules:

1. Compete within the rules and respect officials and their decisions.
2. Respect your opponents.
3. Try to keep to agreed timings for training and competitions or inform your coach or team manager if you are going to be late.
4. Wear suitable kit for training and events, as agreed with the coach or team manager.
5. Remember to pay any fees for training or events promptly. If fees are a problem, please discuss with Welfare Officer.
6. Do not smoke, or consume alcohol or drugs of any kind, at training sessions or when representing the Club in competitions.
7. Always be gracious in losing and magnanimous in winning.

It's important to follow these rules to make sure everyone can orienteer in a friendly and safe environment, as well as having fun!

Chairman  
Lincoln Orienteering Group