

March 2013



Logger's Latest

25 years of Lincoln Orienteering Group, for those that like to challenge and exercise the mind and body.



✦ Chairman's Words—Paul Murgatroyd

The first two months of the new year have seen all at LOG very busy indeed! Firstly, we need to mention our very successful day out in the CST qualifier at Fineshade Woods, where we managed to beat both HALO and SUFFOC comfortably to book our place in the final in October down in the Forest of Dean. Trudy won the 'Most Organised Accommodation Officer' award as well on that day, as she had our hostel in the Forest sorted out by the time we made it to the pub afterwards! We'll be following this one up soon, so get the weekend of 19th/20th October in the diary and let's see if we can better our 5th place finish in the 2010 final.

The third Night Score Cup competition finished recently and it was great to see an increased number of participants taking part in what is always going to be a niche side of the sport. We also had a number of newcomers turning up to experience the novelty of night navigation and hopefully we might see one or two of these joining us again in the future. On the membership front, I'd like to take this opportunity to welcome Lisa Mulvey, Marta Nadgrabska and Kev Rice into the fold, all of whom joined during the NSC series. Deborah Clarke has also rejoined, after a period away from the club, and it's good to see her in LOG colours once more.

Congratulations to planner, Jeff Baker, on his courses at our annual East Midlands League event at Harlaxton, and he and Roger Edwards, as controller, did a sterling job on entertaining the 120 orienteers who turned up on the day. As usual, it was heart-warming to see the club's quality organisation machine to the fore once more, ably led by vice-chairman, Sean Harrington, and thanks to everyone who turned out and helped on the day. There were many favourable comments coming back from the punters, it's just a shame that we had to compete with a host of other events around the region over that weekend, which undoubtedly hit our attendance.

At the recent committee meeting, we agreed that we would, as a club, contribute as a volunteer force to the World Orienteering Championships in Scotland in 2015. The WOC organising committee would like us to take leadership on the marshalling aspects and this will involve primarily looking after the spring, middle, long and relay courses' marshalling requirements during that week, so, although it's a long way off at the moment, we'd love as many LOG'ers as possible to get involved with this and please provisionally stick it in your diaries - 1st-9th August 2015!

Finally, we're approaching our new Spring and Summer series of Thursday night fixtures and our revamped programme includes the visit to three new woodland areas, working alongside HALO to provide some high quality urban events, again in two new areas for O, and a relay competition to replace the old team trophy. It's exciting indeed and I hope that everyone will support the hard work of the planners by making every effort to come along to as many of these events as possible – all details now on the website.

✦ Ediptor - Ally 'Dippy' Wright

It was November 2011 when Paul added 'Newsletter Editor' to my role as Publicity Officer and he handed over the reigns of the current newsletter 'LOG News'. Under Paul's reign he had managed to achieve the Compass Newsletter Award twice, and I made it my goal that we would again get to have our Newsletter stamped with the coveted Compass Sport Award in my first yr as Editor.

Subsequently LOG News became Logger's Latest and it had a facelift in order to catch the judges eyes in 2012, and that it did. You will see the Compass Sport Logo at the top of the page. This award would certainly would not have been achieved without the fabulous articles and photos sent to me by LOG members.

Thank you Logger's! Please keep sending stuff in - and if possible in Microsoft Word 'Mongoloian Baiti' Text size 10 :).

Upcoming Events:

Spring Series Events:

- 4th April - Bourne Woods
- 11th April - Stapleford Woods
- 18th April - Revesby Estate
- 25th April - Ostlers Plantation
- 2nd May - Morkery Woods
- 9th May - South Common
- 16th May - Spring Cup - Stoke Rochford



East Midlands League Events:

- 7th April - Bramcote (NOC)
- 18th May - Swithland (LEI)
- 2nd June - Cromford (DVO)
- 16th June - Burbage (LEI)
- 8th September - Hardwick (DVO)
- 12th October - Bestwood (NOC)
- 13th October - Kedleston (DVO)
- 27th October - Ratby (LEI)
- 10th November - Thoresby North (NOC)
- 22nd December - Walesby (NOC)
- 29th December - Outwoods (LEI)



We operate a car share scheme to these events usually meeting at the Grandstand, Lincoln leaving between 8-9am and there is usually a car coming from the Grantham area. This is usually arranged by Paul M or John Mather. Please email them at: pmmurgatroyd@me.com or j.mathr@ntlworld.com.

Check out more events at: www.fabian4.co.uk...



- 20th April - British Sprints & Middle Distance (LEI/DVO)
- 25/26/27th May - Springtime in Shropshire (Club Social Trip)
- 23rd/ 26th August - White Rose 2013 (EBOR)

For more Urban Events: www.urbanleague.nopesport.com...

- 27th April - Hampstead Village
- 28th April - St Albans (Ediptor going)
- 26th May - Ludlow (LOG Trip)
- 21st July- Hull Old Town



Fashion Report—Clare Hanna

Towards the end of this arctic winter, I finally discovered the pleasure of running in gloves. Until this point, I had categorised orienteers wearing gloves alongside footballers warming up on the subs bench in onesies. What a mistake ! There is nothing special about my new O-gloves except that they are black in keeping with the club colours rules, and my hands no longer as if they are about to fall off.

However, I also made a distress purchase of some thicker North Face gloves when attending a recent sporting event. By accident I bought some specially adapted for touch screen phones. 'Cool' said my 11 year old nephew, which probably means anyone over 16 shouldn't be seen wearing them. There is a pad on the end of the thumb and forefingers on both hands and the palm has a grippy surface. Testing showed they didn't work perfectly on the screen but might mean you don't always have to take your gloves off. Touch typists will be disappointed that the pads are not on all fingers.

If anyone wants 'a go' on my gloves, see me at an orienteering event - anytime before June given the current weather.



Apologies to Ben Mather 1st in the East Midlands League for the the Yellow course (I had him down as 2nd last month - please forgive me Ben).

Selection of Pics from Harlaxton and Wyberton Woods - maybe we could try and get some action shots for the next L.L?



Congratulations to Jon, Philomena and Isobel May on the arrival of their new baby boy.

Welcome to LOG Michael.

Our Littlest Logger.



LOG FACT: 3 Logger's share the same Spring Birthday on March 27th. Happy Birthday to Kaele Pilcher, Steve Bones and Ediptor (All 21 again).

Are you a POSITIVE or a NEGATIVE? - by our Mystery Blogger

Running through the woods sun on my face, tripping over loose logs I think how lucky I am to be so healthy, there in front of me is the control. Nice one my compass work bang on, thanks Paul for all your tips, coming away from it I had to go around an old fella plodding slowly along, brilliant I'm thinking doing this at his age, might have a chat with him later. Damn – wasn't concentrating 'where am I' on the map – someone gone to a lot of trouble to do the map so well. Off again through the big marsh (it will save me from washing my boots) past other runners all concentrating ah! there it is, blow wrong number – what's the description – should be a tree this is a thicket – relocate and off again, good lesson learned keep thumb on map, yep there it is – finally finished and down loaded not a bad time either. Super day and now off to the pub for dog hanging and banter – bliss.

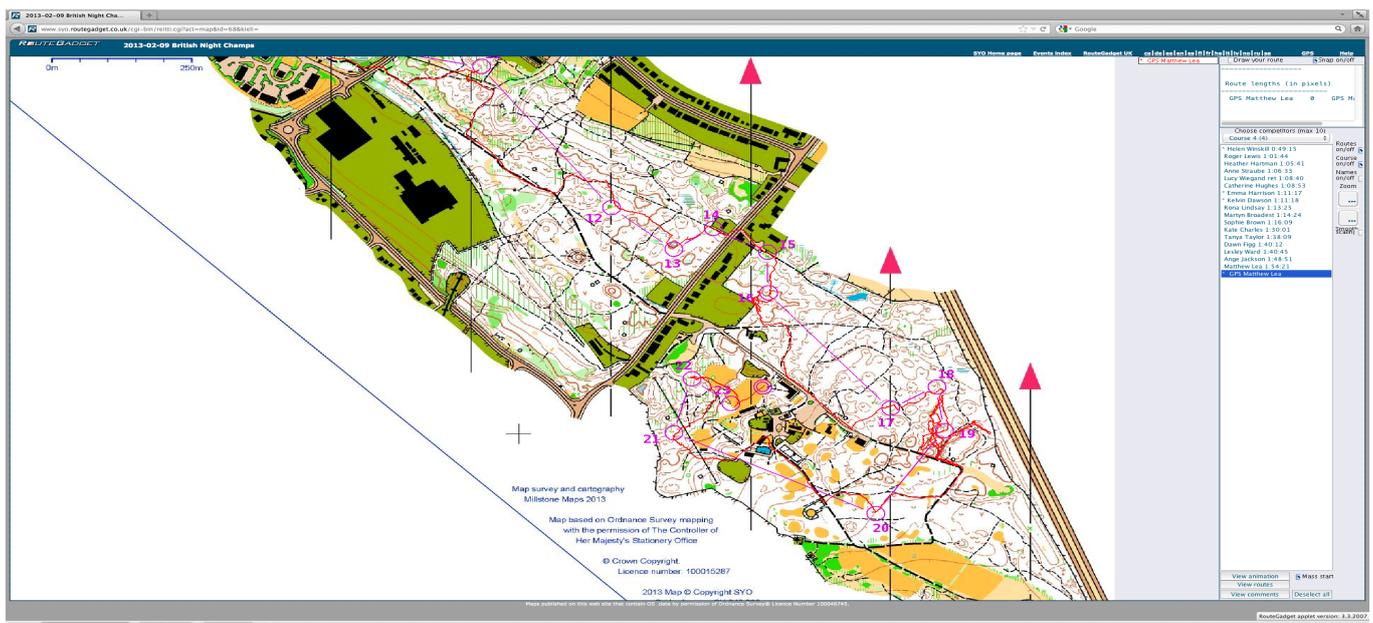
Cursing, as I tripped up once again I thought I must be mad to be doing this, on a Sunday as well, ah at last there's my control - in the wrong place again! No point bothering with training when I know so much, just look at that old codger why didn't he stay at home, getting in my way. Now a bit lost, the map must be wrong, don't know why people can't do better, scowling as my feet get wet in another bloody marsh past other runners quick so they don't ask me where they are, can't stand that. Here's the control sod it it's the wrong number another damn mistake made, don't know why I bother when people don't do their job right. Found the right control will complain to the planner later, finished now and down loaded lousy time wasn't my fault map wrong ect. Wont bother with the pub there always moaning - off home to kick the dog.

British Night Champs - Tankersley, Sheffield - By Matthew Lea

With the national night champs so close to home, i thought that it would be rude not to go. I have done last years night score cup and really enjoyed it, but was somewhat apprehensive as to what a national champs would be like. After a bit of research on course lengths, i sensibly chose the short course. I was feeling reasonably confident about getting round in a sensible time, until on the journey over Chris started telling me his horror stories from previous night champs!

Suitably worried about losing my eyesight and my batteries running out, i waited at the the start feeling like a bit of a fraud. Lots of very serious looking people warming up and jumping up and down.

I started off steady and after the first couple of controls settled into it. There were plenty of paths and was doing ok. Until i got to control 18 and then for some reason lost the plot. It was like someone had spun me round and set me off. It took about 15 minutes to get to 19, which was very near. I was completely disoriented and was going all over the place. My routegadget looks like someone has just scribbled all over the map!



Overall, it was a great event and not as technical as i had feared. My route choices don't look to have been too bad, i was just slow and brought down by my big mistake.

Shows that the Night Score Cup is good preparation, and it was fun.

Lincoln Orienteering Group Executive Committee Meeting Minutes – 14th March 2013

Present: Paul, Sean, Amanda, Tom, Liam, Ally, Clare, Anne, Geoff, Hayley, Michael, John, Dawn, Marta, Lisa.

Apologies for Absence: Delphine.

Approval of Minutes of Meeting on 10 January 2013: Agreed.

Matters Arising:

Lincoln Minster School hadn't banked their cheque for parking fees at the City Race, SH to remind them. GG had inspected the container. Water sitting in the dished roof had caused rusting through. Repairs to be carried out when weather was drier.

Treasurer's Report:

HF presented account details to date. LOG had subsidised CST 1st round entry fees by £37.50. The deposit for club accommodation for the final in Forest of Dean had been sent. About £1000 still to pay out for mapping of new areas.

EMOA Report:

EML handicaps were to essentially stay the same except for a few small changes. EMOA had serious manning issues, most of the main committee posts needed new volunteers, the implications of there being no area association had been discussed. Anyone interested in taking up a position should put their name forward.

Publicity Update:

The committee congratulated AW on LOGGERS LATEST being in the Compass Sport 'Top 10 Newsletters' Awards, there would be an article in the next Compass Sport Magazine. AW was co-ordinating teams for the Extreme Ironing Event on Wed 27 Mar 13.

Yvette Baker Trophy - 7 July 2013: SH was still trying to confirm toilet availability at Stanborough Press. A sub-committee of SH,LH,PM and Andy Lucas were meeting on 19 Mar 13. A list of jobs required to be done on the day would be compiled and SH would email members for volunteers. Courses had been agreed with Controller. The club hoped to send a team to the YBT Qualifier at Swithland Woods, Loughborough on 18 May 13.

EMUL – 6 October 2013 (Stamford): Dave Denness was to confirm if he needed an organiser and whether the event needed to be notified to the town council. AR to agenda for the next meeting.

Spring & Summer Series: Planners had been found for all the events. JM to complete all permission applications, JM to ensure SH had contact details to chase permits if they had not arrived. Spring Series to have Tech, Long and Short Courses, Summer Series to have Long, Medium and Short Courses.

Night Score Cup: There was a proposal to change the format of the NSC next year. Everyone was asked to think about the following points for discussion at the next meeting: 1. Series Trophies/Goal Setting 2. Mass/Staggered Start 3. Joker Rules 4. Planning/Thinking time.

CST Final: We had qualified for the final in the Forest of Dean on 20 Oct 13. Club accommodation had been booked for 2 nights in a hostel that could take up to 30 in a bunk house. A minimum of 22 people were needed to give the club sole use.

CSC Review: The committee discussed the proposals for the CSC Review. LH was to send in club reply in general agreement to the changes in the age groups, the number of scorers in each age group and the point drop within age groups.

WOC 2015 (1-9 Aug): PM was voted as Team Leader to organise the LOG Team. LOG had been allocated the Marshalling Team. There would be training courses to attend and a requirement to attend WOC2014, in Venice to see what would be required of the team.

AOB:

Volunteer Needs Analysis Survey: AR had completed the survey from BOF.

Springtime in Shropshire: Accommodation had been booked. PM would send out an email to those involved.

Date of Next Meeting: Thursday 23 May 2013, 8pm at The Golden Eagle, Lincoln.

Night Score Cup Series 2013 Reports

West Common, Lincoln - Event 1: 31st January, *Planner Ally Wright*

There wasn't a pre event recce that didn't involve me wearing my wellies and ski-jacket. I was just pleased I lived close by and a cup of tea wasn't far away. I thought the golf course was a great addition to the well ran on West Common map and as you can see from the pic I had some fun in the bunkers making snow angels!

I was also very happy that as planner I didn't have to head out on a very cold evening. For the 45mins you guys were running around Geoff Gibbs and myself sat in the car, heated seats on whilst we ate sweets!



Hartsholme & Swanholme, Lincoln - Event 2 : 7th February, *Planners Hayley Fox & Sarah Edwards*

We picked Hartsholme Park as our choice of venue to plan as we felt we knew it well & we both live nearby. It was the first joint planning venture for team Fox-Edwards, or as Paul likes to call us, 'the umbilical twins'! The planning was actually more of a triplet effort with Charlotte Fox doing much of the early recce-ing with Hayley & picking lots of the control points. The lack of a bridge across the south of the lake meant that some of the plans we'd had in mind when accepting the challenge went straight out of the window. Instead we decided to concentrate on Swanholme and the main part of Hartsholme & put controls part way round the East of the lake to give people the option to run all the way round, or nip around to the other side and back at both ends, thus giving non-runners a chance to use cunning & runners a chance to capitalise on their speed. Poppy Edwards was used as a willing guinea pig, if she couldn't get through a shrubbery then it was unlikely a human would & the control locations were changed accordingly. We tried to make use of the big variety of beautiful landscapes within the area & largely avoid the areas of the park which have often been used for club night training to put everyone on an even footing.



As you'd expect with a race Sarah had a hand in organising, the ground was WET! Not as wet as Horncastle, but still very boggy & muddy in places. This didn't stop the intrepid LOG orienteer's & top marks on the night went to Paul who romped home in less than 40 minutes & Thomas Honniball joining him with top marks coming in nicely at just under the 45 minute mark. Tom George was only 1 control behind, visiting 24 controls comfortably within the time limit. Hannah & Ben Mather, two of LOG's youngest members, also did very well, visiting 10 controls and making it to the finish with a couple of minutes to spare which put them a third of the way up the leader board on the night.

South Common, Lincoln—Event 3: 14th February, *Planner Jeff Baker - No report received.*

Sudbrooke Park, Lincoln—Event 4: 21st February, *Planners Anne and Geoff Gibbs*

It was a cool dark night and we almost did it. We tried to be the first night score event where no one collected all twenty-five controls within the forty-five minute time allowance.

Paul was the only one to get a full set of controls but with only two minutes to spare, no one else came close in the time allowed. Out of twenty-six entrants, thirteen had penalty time points deducted leaving Tom, Tanya and Jeff Baker in the next three places with fifteen controls each.

We were particularly proud of control 37, if you hadn't picked it up from the urban side then the only way in was to splash for it and a lot did.

Burwell and Haugham, Nr Louth—Event 5: 5th January, *Planner Liam Harrington—No report received.*

Riseholme Park, Lincoln—Event 6: 28th February, *Planner Amanda Roberts*

This was the 5th and final race of the Night Score Cup. However, the category leaders had had such significant successes in the previous events that their scores could not be beaten. The category winners were announced before the race begun and their reward was the traditional couple of minutes extra previewing of the map (maybe they should have less time to look at the map and give the rest of us more of a chance!).

Being a relatively small area I was pretty sure quite a few people would get to all the controls within 45 minutes. Even so I was surprised to see Paul back after just 26 minutes followed closely by Thomas, Liam, Tom, Tanya and Nick Malbon who all had the full score. Obviously something is going to have to be made more difficult next time - torch sabotage or something.

Thank you to all the helpers, particularly the volunteers who ventured back out to collect the controls - we were back to the pub in record time.

Night Score Cup 2013 Results

A perfect score of 500 saw LOG Chairman Paul Murgatroyd the Overall Series Winner

Tom George - Junior Winner

Tanya Taylor - Top Scoring Female

Jeff Baker - Top Veteran

Winter Series 2013 Results

Paul Murgatroyd - Long Course Winner

Andrew Lambert - Short Course Winner

Andy Lucas for not one successful run this Series - Orienteer of the Series

Spring Series 2013

2013 sees the 1st ever LOG Spring Series, with 6 events running weekly on Thursday evenings in April & May, followed by a team event – the Spring Cup. Open to all, this series is suitable for everyone from novice to experienced orienteers.

Start times for all races are between 6.00pm and 7.30pm. Courses close at 8.00pm.

There will be 3 courses available at each event (apart from the Spring Cup):-

Course Details

Short: 2-3 km, a line course of yellow/orange standard

Long: 5-6 km, a line course of long orange/light green standard

Technical: 4-5 km, light green/green standard using techniques suitable to the area (score course, map memory, windows & corridors etc.)

Entry fee is £3 for LOG/BO members, £4 for non-members, £2 for juniors and includes SI dibber hire.

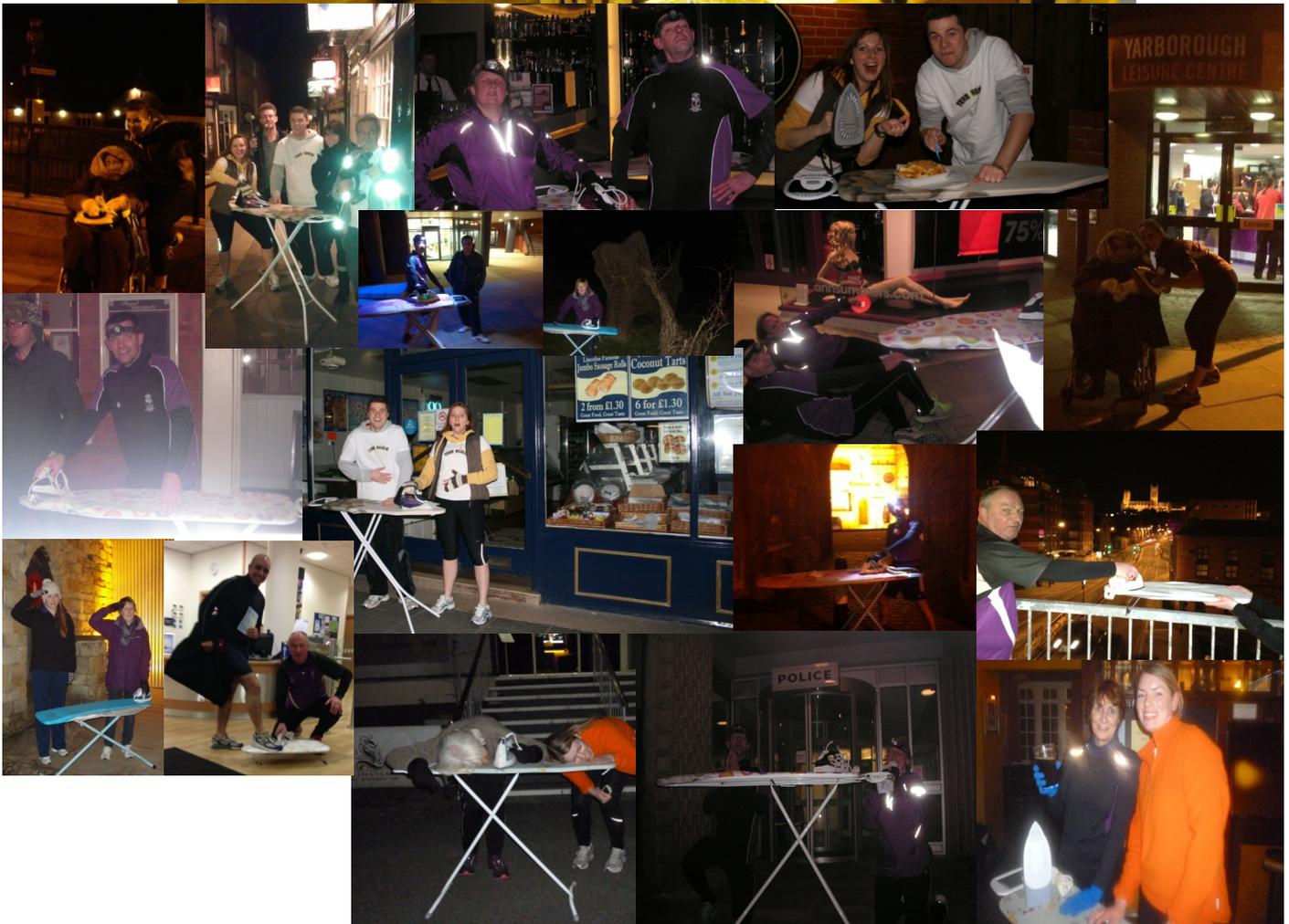
Points will be awarded from your best 4 events towards a series trophy for each course.

The Spring Cup will be a team relay event at Stoke Rochford, with teams of 3 people each running 2 courses of around 2-2.5km. The teams will be picked by the organisers, seeded and balanced according to results in the Spring Series, making what is guaranteed to be a fun night!

Please contact the series co-ordinator, Sean Harrington on 01522 791344 for more information.

LOG Extreme Ironing 2013

A 45minute Score Event around Lincoln involving a picture in the act of Ironing at each 'Control point' often accompanied by a particular pose or challenge.



**Congratulations to Extreme Ironing Team Winners 2013—
Sean, Liam and Craig**

**Extreme LOG Ironer of 2013—
Dawn Thomas for putting up & keeping up with the Chairman**

Please note there shall be clear specifications on Ironing Board Size
next time !



Know your Fellow Logger : Matthew Lea

Knowing me, Matthew Lea



Knowing you, LOG

I started orienteering last year after having tried mountain bike orienteering in the past and stumbling across the LOG website when I should have been working.

I never thought I would find myself doing a sport that involves running. I hated running and always have. Somehow it is now almost enjoyable.

In the past I have mainly been involved in cycling of all forms and also rock climbing past. It was great to find so many events in the local area run by LOG and HALO.

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Compass Sport Qualifier 2013 - by Trudy Crosby

After failing by a few points to qualify for the Compass Sport Trophy final in 2012 the pressure was on this year and LOG members more than rose to the challenge. With a total of 42 runners turning out to Fineshades Wood on the day, we certainly had strength in numbers. In fact whilst waiting for the first bus in the car park at Wakerley it did appear to be ONLY LOG runners turning up.

The club tent was already up by the time the first bus arrived at the event as the driver of the shuttle bus had to have his break before starting. Well done to Sean, Liam, Andy and Craig for setting us up with a great base for the day. It made a great focus for the club and really added to the team spirit. The sun came out and there was much discussion early on as to how many layers to wear – it was lovely to have the option for once.

The start box was a little chaotic to start with and it took our chairman to point out the start clock discrepancies but the competition soon got under way. As our runners started to filter back to the tent the calculations started. The best 13 scores from the club count towards the final total but only to a maximum of 2 per course therefore to score well we needed a spread of runners over all the courses. The other runners can help by finishing in front of other clubs runners therefore reducing that clubs score. Early on it looked as if LOG had a small lead but it was all in the balance to the very end when the final results went up. The download area was very busy with lots of people gathered around the electronic scoreboards and there was a real buzz as the results came in. Eventually it was confirmed – LOG had won by 31 points over HALO.

LOG recorded a grand total of 1280pts from their 13 scorers with the following counting in their respective classes: **Toby Williams**; Orange (100), **Hazel Williams**; Orange (100), **Lindsey Freeman**; Green Vets (100); **Charles Nell**; Brown (100), **Paul Murgatroyd**; Blue (100); **Liam Harrington**; Brown (99), **Chris Sanderson**; Blue (99); **Lucy Nell**; Blue (98), **Amanda Roberts**; Green (98), **John Mather**; Brown (97); **Justin Williams**; Blue(97), **Anne Gibbs**; Green Vets (96), **Craig Lucas**; Light Green (96).

Also contributing to the team effort, through knocking down opposition scorers from HALO and SUFFOC, were: Tom George (Brown); Clive Street, Kev Kirk, Dave Denness, Martin Wheeler, Jonathan Roberts (Blue); Tanya Taylor, Ally Wright (Blue); Trudy Crosby (Green); Jeff Baker & Michael Nell (Green).

On the whole most people enjoyed the forest despite the wet going and brambles in certain areas but the main comment that people made on their runs were the number of times they fell over!

Personally I cannot remember concentrating so hard on a map than I did in this competition. A mix up with maps at the start meant that one of our main contenders to count was out and my score might be important. I veered off downhill slightly on one leg but otherwise I had the blinkers on and tried to stay accurate. I'm sure I could have been quicker if I hadn't kept falling over.

A large contingent celebrated in a very nice pub on the way home and plans are now being made for the final which takes place in the Forest of Dean on the 20th October.

If you have not visited this area before it is well worth doing so. The forest has miles of footpaths and I particularly enjoy the four mile long Sculpture Trail. This Trail features sculptures created by artists to interpret the Forest environment and the history of this very unusual landscape including a huge wooden chair that can be seen for miles. There is an excellent Go-Ape centre and many other attractions to suit all tastes. The forest was also used for the original series of Primeval! Orienteering in the forest is varied and technical.

A lodge has already been booked in a convenient location for the weekend (Friday and Saturday night) so check out The Fountain Inn at <http://www.fountaininnandlodge.co.uk/>. We have reserved the lodge which sleeps up to 29 in several rooms and has its own sitting room and kitchen. The cost of this is £11 per person per night. There are also rooms in the Inn itself which you can book yourself if required.



Keep up to date with LOG via Facebook— 'Lincoln Orienteering Group',
Twitter—@LOGGER'SLATEST or our website—www.logonline.org.uk .