

May 2013



Logger's Latest

25 years of Lincoln Orienteering Group, for those that like to challenge and exercise the mind and body.



✦ Chairman's Words—Paul Murgatroyd

"The last two months have been a busy time for LOG, with the inaugural spring series running throughout this period on a weekly basis. I think overall this change to the scheduling from the old summer series approach of once a fortnight has been a positive development, as it has allowed us to use the best of what traditional O areas we have in April and May, before the summer undergrowth takes over. Certainly, the harsh winter helped to make places like Ostler's Plantation much more runnable than in the past and hopefully everyone has enjoyed their experiences! The new Spring Cup format held last week at Stoke Rochford, in place of the old team series, was good fun and again, allowed us to try something different on a fantastic new sprint area. The only disappointment has been the attendance across the series, with us averaging around the 35-40 mark each week, some way down on last year's 45-50 average, and many regular members have either not been coming along at all or only making sporadic appearances. I would call upon everyone to try to support the club in their endeavours, so that the planners' hard work is not in vain! Next up is the newly revamped summer series, with us sharing a programme of 6 urban events with our neighbours HALO in June and July, showcasing the best of what Lincolnshire has to offer in this respect. It should be cracking, as we are lucky in that this county has some great urban terrain, so please make every effort to come along to at least a few of these races.

Finally, on the event front, we're rapidly approaching the time for the club's hosting of the 2013 Yvette Baker Trophy final at Belton Woods on Sunday 7th July. This is the first time LOG has held a prestigious national final, so the pressure is on us to get it right! Sean is organising and has put out an initial call for volunteers to help on the day. Please get in touch with him to offer your services, as we need as many as possible to cover the host of jobs on the day. As an added incentive, runner's discounts, for the 'open' event we're running before the juniors go off in the main competition, are available for those who do volunteer!

Lastly, I'd like to welcome three new members to the club, who've joined (or rejoined) the club during the spring series. Firstly, after an absence of several years, we welcome veteran, Gordon Eden, back to us. Secondly, Toonie Express adventure runners, Yvonne Fox and David Raynes, have joined and it's good to see all three of you in the LOG fold. Happy orienteering everyone!"

✦ Ediptor - Ally 'Dippy' Wright

I have many times commented on how proud I am to be part of a club with such high participation rates for events but that I have been disappointed with our lack of commitment towards club night. But wow what a turn out this last week! Hopefully we can keep it up now, poor coach was that surprised he had to run and print more maps out.

Please keep sending articles and photo's into me at chocolate_wright@hotmail.com and remember all submissions are due by the 20th of alternative months as a word document using Font Mongolian Baiti size 12. Thanks :)

Upcoming Events:

Summer Series Events:

- 13th June - Horncastle Town
- 20th June - Brigg Town
- 27th June - Lincoln City
- 4th July - Barton Town
- 11th July - Sleaford Town
- 18th July - Louth Town

Twitter: #LincsUrbanO



East Midlands League Events:

- 2nd June - Cromford (DVO)
- 16th June - Burbage (LEI)
- 8th September - Hardwick (DVO)
- 12th October - Bestwood (NOC)
- 13th October - Kedleston (DVO)
- 27th October - Ratby (LEI)
- 10th November - Thoresby North (NOC)
- 22nd December - Walesby (NOC)
- 29th December - Outwoods (LEI)



We operate a car share scheme to these events usually meeting at the Grandstand, Lincoln leaving between 8-9am and there is also usually a car coming from the Grantham area. This is arranged by Paul M or John Mather.

Please email them at:

pmmurgatroyd@me.com or
j.mather@ntlworld.com.

Check out more events at:
www.fabian4.co.uk...

- 30th June - Harvester Relay (BAOC)
- 23rd/ 26th August - White Rose 2013 (EBOR)



For more Urban Events: www.urbanleague.nopesport.com...

- 8th June - Poundbury Urban Race
- 15th June - Salford and Manchester City Race
- 21st July- Hull Old Town
- 31st August - Lincoln City Race**
- 1st September - Sheffield
- 22nd September - London City Race



Spring Cup 2013

Planner, Jeff Baker:Stoke Rochford

Newly mapped and being used for the first time Stoke Rochford proved really interesting from a planning perspective. Plus it was the first time I had planned a relay. The two courses one to the left of the main house and one to the right were both undulating but where as the left course had some woodland the right was all over open ground. gaffling on both of the courses caused a few problems but nothing serious as did the fact that I crossed over two of the control numbers on one of the courses. In all everyone seemed to enjoy both the event and the area and even the estate owners have been asking if we will be holding another event there. Because all went well hopefully next time there might be a chance to use the estate facilities like the changing and toilets in the fitness suite.

Well done and thank you.

Spring Cup Winners:

Team Budapest

*Monty
Barker-Pilsworth*

Sean Harrington

Amanda Roberts

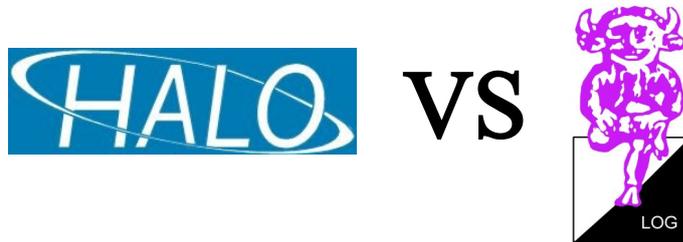


Lincolnshire Challenge Shield 2013

The annual Lincolnshire Challenge Shield LOG v HALO match will this year be incorporated within the last HALO Poacher event at Swallow Vale, nr Caistor on Wednesday June 19th. Please put this date in your diary and make every effort to come and help the club defend the trophy and make it a hat-trick of victories!

The format of the courses will be as a 2/3 part sprint event, i.e. 5 courses 1k, 1.5k, 2k, 2.5k, 3k and set minimum distances dependent on age and gender need to be completed to gain Poacher points and Shield points in the 2 different competitions. All classifications are based on minutes per km run. This format was used successfully last year in 3 Poacher Events and will be repeated this year. more details about the event and the scoring system are available on the HALO website: www.halo-orienteering.org.uk.

We are particularly short of Juniors for this event, in particular girls. So please may members and members families and friends make every effort they can to make the journey and support LOG at this event.



Summer Series 2013

In conjunction with our neighbours HALO, LOG will be co-hosting a new series of 6 Local Urban Events in North and Central Lincolnshire in early Summer on Thursday evenings to keep the orienteering going during the months when the local forests becomes full of nettles, brambles and bracken.... It will also provide a nice bridge into the two key events in our respective calendars, for HALO 'One Hull of a Weekend' and for LOG, the traditional Nopesport league event, the Lincoln City Race.

At each of these summer series events, 3 courses will be available, with the aim that there'll be a course for everyone, regardless of age or experience. The Short, typically geared towards youngsters and newcomers, will be in the region of 2k in length and take in the parks and less busy areas of the towns we're visiting. The Medium course, of approximately 4k in length, will be for those who are looking for the next step up in their orienteering or who feel that the distance of a typical long course is a touch too much and, finally, the traditional Long course, of around 6k in length, will be geared to the experienced orienteering warriors amongst us.

The scoring system will be based on the popular Spring series format, where a win on the night will be worth 50pts and with the best 4 scores out of 6 events counting to the overall series titles.

The venues and dates are as follows :

June 13th - Horncastle (Start/Assembly) : Horncastle College

June 20th - Brigg (Start/ Assembly) : Market Place

June 27th - Lincoln (Start/ Assembly) : Arboretum

July 4th - Barton (Start/Assembly : Baysgarth Park

July 11th - Sleaford (Start/ Assembly) : St Georges Academy

July 18th - Louth (Start/ Assembly) : Market Place



Lincoln Orienteering Group Executive Committee Meeting Minutes – 14th March 2013

Present: Paul, Sean, Amanda, Liam, Ally, Hayley, John, Delphine.

Apologies for Absence: Tom, Clare, Michael

Approval of Minutes of Meeting on 14 March 2013: Agreed.

Matters Arising:

2. GG had inspected the container. Water sitting in the dished roof had caused rusting through. Repairs to be carried out when weather was drier. AR to re-minute as GG not at meeting.

Treasurer's Report: HF presented account details to date. Mapping of new areas had been paid for. HF pointed out that events at Forestry Commission venues could make a loss for the club if they were not well attended as the FC fee was fixed. The Spring Series had had lower than usual competitor numbers; PM was going to ask members, through the Loggers Latest, for feedback on points such as: day of the week / time/distance to venue/format. Numbers at Training Nights had also fallen, it was suggested that in September that a later time of 7-8pm might be tried.

EMOA Report: No meetings – NTR. AR said she would also attend the next meeting. SH to inform AR of date.

Publicity Update: AW had emailed out flyers for the Summer Series for members to distribute. AW was to do a radio interview to promote orienteering and the club. Logger Latest due out by the end of May.

Yvette Baker Trophy - 7 July 2013(Belton): A new Controller had been found for the event. JM to provide SH with number for the contact at Belton so that gate could be opened for mobile toilet access. JM had done risk assessments and would circulate as required. A shoe disinfectant station would be required in the car park for use by those on the way to assembly area.

EMUL – 6 October 2013 (Stamford): Dave Denness confirmed he was happy organising the event himself with just the usual help from members on the day.

- **29 August 2013 (Lincoln) :** Steve Bones was updating and extending map to the west. Permission had been given for the University Sports Suite to be used for Assembly. JM was sorting permissions as usual.

Spring Series Review: Covered in Treasurer's Report. JM pointed out that the weekly format meant the paperwork had been a challenge.

Summer Series Update: LOG were happy for HALO to name the series “The Lincolnshire Urban League”.

Night Score Cup 2014: The committee discussed the format and decided the following: 1. Series Trophies/Goal Setting – to remain the same 2. Mass/Staggered Start – mass start 3. Joker Rules – for NSC planners 4th event could be average of other 3. (if required) 4. Planning/Thinking time – to be removed.

Winter Series: Provisional dates and venues as follows 2 Nov/Washington, 16 Nov/Greetwell Hollow, 30 Nov/Chambers Woods, 14 Dec/West Common (Planner – DS/Controller PM), 4 Jan/Belton, 18 Jan/Grantham. AW to put in Loggers Latest and request volunteer planners. Those new to panning would have controller to help them.

AOB:

EML – 9 March 2014, Burwell & Haugham Woods: All booked with landowners. There would be a usage fee plus £1 to be charged per car. They could provide additional parking area.

22 Jun 13 – It was agreed that JM could use SI kit for Heighington School event.

Lost Kit – HF was submitting claim for stolen/vandalised control at Hartsholme event. AR had reported to police and got a crime number. HF to clarify how we claim for kite/gripple when we can only buy them in quantity.

Lincolnshire Challenge Shield – Wed 19 June, Swallow Vale Wood. The team had to cover the full range of age categories for males and females to be able to score fully. Junior girls were needed for the team

Date of Next Meeting: Tuesday 16 July 2013, 7.30pm at PM's House, Sudbrooke, Lincoln.

Spring Series 2013 Reports

Bourne Woods - Event 1: 4th April, *Planners Joanne and Michael Nell*

The unusually prolonged cold spell that marked the early Spring of this year continued through the planning period and up to the event, but thankfully, conditions were such that the ground had dried considerably from its earlier saturated state. However, a biting north-easterly on the evening was a reminder that although clocks had gone forward and it was officially British Summer-time, we weren't there yet.

Aiming to use the less brambled bits of Bourne Woods by concentrating on the northern half, and keeping it simple by offering three line courses, it was hoped to open the new Spring Series with an event offering something for everyone.

Some parts of the area have morphed over the past few years into really quite runnable and pleasant orienteering terrain, but the trouble is, there isn't much of it. Just enough, though, not to write off Bourne as a dead loss in the way that Callan's Lane has been, and Twyford tends to be.

Almost 40 runners turned out for the overture event of the Series, with rising star Monty Barker-Pilsworth laying down a marker with a convincing win on the Short. Loyal LOG supporters from over the border in NOC-shire, the Parkinson family, were fully represented, and a duel for a win on the Long ensued with Robert taking first place.

The technical choice was popular on the night, and saw Liam Harrington on form pushing Club Chairman Paul Murgatroyd into second, and RAFO's David (Dai) Wilson coming a close third.

Grateful thanks go to Martin Wheeler for his assistance in the recce of the area, and for helping with control hanging on the day.

Stapleford Woods - Event 2 : 11th April, *Planner Alison Wright*

After planning two events on the West Common I was keen to progress and plan an event in a different area. Both the short and long course were pretty straight forward, however when setting out the controls I put a couple out the wrong way round which caused some confusion. This especially wasn't helpful as the control descriptions were similar and so were the SI box numbers. The technical course was based on the score event Trudy Crosby put on at a Sleaford event last yr - and she definitely was more efficient at pulling it off than I did. I apologise for the course length.

Stapleford Woods was kindly given to LOG by NOC when the club was first set up and has been used many times over the last 26 years. Sadly it is currently not maintained to its potential and has become rather populated with rhododendron bushes.

I was very disappointed with my planning of this event as I wanted to get it 'spot on', oh well....Next time!

Revesby Estate - Event 3: 18th April *Planner Paul Murgatroyd*

'Having secured access to Shire Wood on the Revesby estate at the back end of last year, we were informed that this would be a 'trial' event, due the estate manager, Peter Wiggins-Davies, having had some previous experiences with orienteering, which he described as 'pretty disastrous', when I first met him. I hope that on the night we managed to convince him that not all orienteering events are the same and that we'd be worth having back in the future. Certainly, the long term aim is to begin to gain gradually more access to the main deer park and surrounding grounds, which have a massive amount of potential, being a much bigger version of Riseholme! Anyway, that's for the future - what about the event itself?

The challenge was going to be providing the Long and Technical courses with sufficient distance, in the case of the former, and technicality, in the case of the latter, as Shire Wood itself is not huge. However, we had access to the plantation to the north, which, although was pretty grotty, still allowed us to get the distance in and set up some route choice options for the Long runners. I decided to keep the Technical within Shire Wood itself, and made use of a couple of butterfly loops to make the best of some of the lovely runnable patches.

On the night, the turn-out was a tad disappointing, being just below 40, but our numbers have been marginally down on previous years across the board, so I didn't take it personally! On the Short, Rachel Sullivan made her final appearance before moving to a new posting with the RAF to the borders area and she carved up the 2.7k course in only 19 minutes. Young Monty Barker-Pilsworth (RAFO) showed his continuing development as an orienter to come in second and newcomer, Philip Roberts (IND), made the podium on his debut appearance, with a third place finish in 34 minutes.

The Long course saw the continuing battle of the veterans take shape, with Robert Parkinson (NOC) easily defeating the rest of the field, but Joanne Nell (RAFO) came in second to break up the Parkinson stronghold, pushing Roberts' wife, Helen, down into third. Finally, the 4.1k Technical course saw Justin Williams (LOG) claim his first victory of the spring series in just over 25 minutes, ahead of the sprint specialist, Tom George (LOG), in second and leading female, Tanya Taylor (LOG) in third.

Ostlers Plantation - Event 4: 25th April, *Planners Karen and Justin Williams*

When we volunteered for this one it was a nice clear day in our diaries. Needless to say, sod's law intervened and we soon found ourselves triple-booked with school-related stuff.

Despite the juggling act that ensued to get all the controls out in time for the event, whilst simultaneously collecting children from different schools at different times, then returning to the schools later in the evening, everything seemed to go smoothly in the end!

We tried to get the most out of the area. For Ostler's, this meant making the most of the two reasonably technical parts of the area, and then linking these up with some longer legs offering route choice.

Fortunately Ostler's is mostly runnable with not much undergrowth, and the nettles were still small enough to easily avoid. In particular, there is a block of lovely springy and undergrowth-free forest just near the finish, which we deliberately put the short and long courses through. Hope you enjoyed it.

As far as the results go, the winning times were about what we expected. Congratulations to Ally Wright, Robert Parkinson and Paul Murgatroyd, the winners of the short, long and technical course winners respectively. Thanks also to everyone for helping on the day.

Hartsholme Park - Event 5: 2nd May, *Planner Amanda Roberts*

It was a bit of a blow when with only 2 weeks to go, the original venue, Morkery Woods was declared unavailable for us to use. (I guess I will be planning that event when it is next scheduled - least it is all saved on the computer!).

I was given a choice of Hartsholme or West Common - neither was particularly appealing because gripples are a necessity at both venues. Control points have to be given extra thought - what can you grapple to? - there is never the perfect tree when you want one - either the tree is too big and you need 3 gripples to get round it or it is too thin and any vandal could just snap the trunk - then at what point does the tree become the feature?

We thought we had foiled the vandals this time because everyone had got round the courses with all controls still in place. However, it wasn't to be. Less than 30 minutes later, when we collected the controls in, someone had managed to smash one of the wooden boxes and take the control. Mindless - because they are of no use to them at all.

So I am afraid, gripples are here to stay.

Spring Series 2013 Results

Paul Murgatroyd - Technical Course Overall Winner
Jeff Baker - Technical Course Top Veteran
Tanya Taylor—Technical Course Top Female
Luke Fortune - Technical Course Top Junior

Robert Parkinson - Long Course Winner

Monty Barker-Pilsworth - Short Course Winner



HALO Poacher Series Report: Kaele Pilcher & Andy Furnell

The 2013 Poacher series started where the 2012 series had ended at Mausoleum Woods. I would say I preferred this area for the full length event compared to the multiple short races it was used for last year. The one part that does stick in the mind from the long course though was a leg planned from the very bottom of the hill up to the mausoleum at the top. Very mean. *Don't know what your problem was Andy, the same leg on the short course was the other way round a nice gentle trot down a very steep hill. No problem.*

Week 2 was at Middle Rasen Woods. This can be a fairly grotty area but with the help of considerate planning seemed to make the best of the area available. A different slant on the area was obtained by using a track at the eastern end of the site alongside the railway line which allowed for a different start and finish site than previously. *It also took us over the minor road to an area that has not been used, or at least I haven't run in, for a while. I do remember thinking that usually when running in this area there's a lot more undergrowth and some parts can be almost impassable with brambles trying to trip you up at every turn.*

Week 3 saw a return to Nettleton Woods. Again, this is not renowned as the most runnable of Poacher areas, but it had suffered from extensive forestry work. As with week 2, the planning seemed to be as kind to us as it could have been, but led me to comment that the forestry workers should be made to go back in, clear up all the mess they've left behind and flatten out all the paths again. I had thought my own efforts were ruined by a long search for the very first control but, as it had been put out without a kite, the first leg was voided and my overall standing improved considerably. *Again I don't know what your problem was Andy, that was our control number 5 and by the time I'd got there I had completely forgotten that there was one control without a kite but hit it on without any trouble. Whilst the forestry workers are clearing up their mess could they also level off and flatten any areas of tussocky grass?*

Week 4 was at Spur Chase which I believe is only the third time this area has been used and I believe it is deliberately only used occasionally. Again, Forestry wood had taken it's toll and it was a case of having to make the best of the less affected areas. *For a couple of the controls you needed to be a mountain goat or at least to have a few mountain goat genes in your make up. All the controls were where they should be and because of this years' very late spring could be seen from quite a distance as the undergrowth was still very short.*

Week 5 was at Primrose Warren, for me the most familiar of Poacher areas and I've lost count of the number of times I must have visited there with it often being used for events other than the Poacher series as well. I would therefore describe my run as fairly routine with no problems finding anything but with lack of fitness really taking it's toll in the later stages. *I felt that the planner used the area well and took runners in different directions to the 'norm' making it an interesting event considering the number of times this area is used. The undergrowth had just started to grow but there where plenty of elephant tracks around to confuse the unwary.*

The HALO Poacher Series runs every Wednesday evening with starts from 1730-1900.

There are 12 events in total, 8 Cross Country, 2 Park and 2 a combination of both..

More info: www.halo-orienteering.org.uk

Twitter: #HaloPoacherSeries

There is usually approximately 8 LOGger's that attend this series on a regular basis. It would be nice to see a few more faces there - but it would be even nicer to see more club members supporting our own events and club nights.

Know your Fellow Logger : Tom 'Engine' George

From Spalding in South Lincolnshire Tom started his Orienteering career with Jo and Michael Nell through cadets and is now our Junior representative for LOG.

Tom writes...I've currently just finished my second year of Sports and Exercise Science at the University of Lincoln and have been in the process of writing my proposal regarding my Year 3 dissertation on orienteering. With this in mind I'm currently staying in Lincoln for the next month or so and will be looking to recruit 14 - 16 participants from LOG.

If anyone is interested and would like to take part just drop me a line highlighting your interest and I will get back to you as soon as possible concerning further details. Thanks!



FREE ADVERTISING SPACE

Hurricane Sports - Jogging Group



This is a *NEW* group which meet at the West Common. Lincoln. Sessions Cost just £2 and start at 7pm.

For further information and a sign up form copy and paste the link below:

<http://www.hurricanesports.co.uk/products-and-services/community-sports-sessions/hurricane-jogging-club/>

The sessions will be taken by an athletics instructor who will be accompanied by 2 assistants.

The Instructor and assistants will ensure all abilities/fitness levels are catered for by differentiating the running intensities/duration and route to fit the needs of all participants who take part.

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LOG on Tour : Springtime in Shropshire #SinS 2013

If we had been in Lincolnshire they would have been called mountains, but in Shropshire they were called hills.

Day 1:
Event 1/4 - Croft Castle



Day 2:
Event 2/4 - Hopton



Event 3/4 - Ludlow Urban



Day 3:
Event 4/4 - Brown Clee



Next LOG on Tour Trip - The Scottish 6 Days—July 26th

Keep up to date with LOG via Facebook— 'Lincoln Orienteering Group',
Twitter—@LOGGER'SLATEST or our website—www.logonline.org.uk .