

LOGNews



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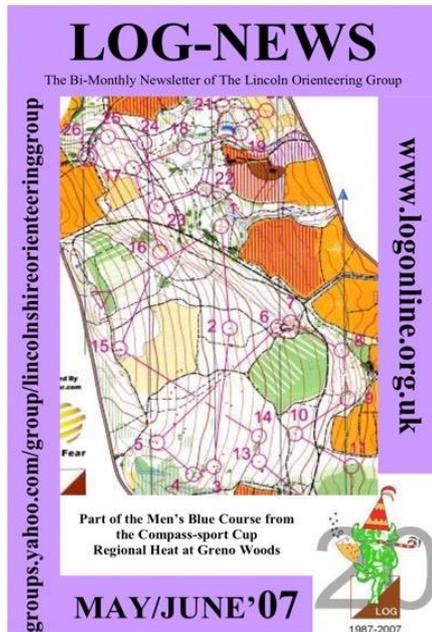
27 years of Lincoln Orienteering Group,
for those that like to challenge and
exercise the mind and body.



Rising stars in the World of O



1st Quarter 2018



LOG NEWS



December 2019

Chairman's Chatter – Christmas 2019

As 2019 draws to a close, we have just held our annual Blue Ribband chasing handicap to determine the Club Champion; this year the honours go to Craig Lucas who trounced the opposition to finish with a handicap time almost three minutes ahead of Nick Lyons (2nd) and Kevin Swinbourne (3rd). Clearly Craig's heavy training load is paying dividends.

This year has been a busy one for LOG and its members who have volunteered their time to bring a varied programme of fixtures:

- February saw the Fight the Night series move to Monday evenings and a tie-in with the Lincolnshire Runner brought new faces to orienteering in Lincolnshire.
- Our Spring Series made best use of Lincolnshire forests before the undergrowth takes hold. Numbers have dwindled for this series and the Committee is giving some thought to how this fixture series could be revamped in 2020. If anyone has any ideas do get in touch.
- The pan-Lincolnshire Urban League, held jointly with HALO, saw LOG holding events in Sleaford (new map), Nettleham and Lincoln.
- Over the Summer the annual City Race – this year part of the UKOL and UKUL – and the Wolds Mini-Mountain Marathon brought their loyal followers.
- We held a series of 6 coaching sessions for new Juniors in Hartsholme Park, culminating in around a dozen enthusiastic juniors undertaking a Yellow/Orange standard race. We need to give a bit of thought over how to keep these juniors coming to events once the coaching series has finished.
- Race the Parks moved to Saturday afternoons, whilst enjoyed by those who attend the numbers were low and this series is part of the Committee thinking on next years' series fixtures.
- Finally, LOG held two Championship events this year – the East Midlands Sprint Champs with fiendish courses set by Clare Hannah and the East Midlands Champs held on the newly-extended map of Grimsthorpe Estate. Thanks to the Estate, Amanda Roberts, Sean Harrington and all those involved in mounting this complex and demanding event. LOG put on an excellent show for the rest of the Region and to juniors visiting from all parts of the country seeking selection for the Interland squad.

Next year kicks-off with our EMOA League event at Harlaxton on 2nd February, with the excellent Club Night coaching sessions recommencing on 9th January.

Have a Merry Christmas and Happy New Year.

John Mather



Editors Ramblings

As I sit in the departure lounge of Barcelona airport, having recently learnt an urban race was held here only 2 weeks ago, I can't help but feel I have become a little out of the loop with orienteering. Navigating around the Gothic Quarter, with its narrow Roman layout and maze-like network of side streets, would have been amazing. Maybe a club trip for next year?

It's been 11 years since I left the Shire for pastures new and in that time while some things have changed; new faces have appeared, new areas added and new platforms have emerged to promote the club, I find much is still the same in our beloved little family. The same few faces help to keep the club going, they still have the passion and desire to see LOG constantly host events that rival our larger neighbours and do it week in week out with a permanent smile on their faces.

It was sad then to hear the news that the role of Newsletter Editor had failed to be filled and we were at risk of losing the backbone of news for the club over the last 25 years. As a past Chairman, Planner, Organiser and holding numerous other committee positions, I am fully aware of the importance the contribution each and every single member makes to our club and how even an hour of your time a month can make a big difference.

To those of you who have given your time I salute you, to those members, old and new, who are less active, I would strongly encourage you to give what you can to help our little club survive another 30 years.

While there is little I can practically do to help the club, being located 100 miles away, the editorship was something I felt I could take on. I have underestimated how much work goes into producing this, hence the slight delay, although I hope future issues will be easier now the blank page is filled. My thanks go out to Anne and Geoff for their efforts over the last 5 years, I hope I can also make a contribution of that magnitude (and help Sean win his bet!).

Please do send in your race reports and other news, if only to stop my ramblings appearing so much!

Stephen Bones



Race the Parks

Hartsholme Park, 28th September 2019

Rain, rain go away! Most competitors were caught in a downpour - putting out controls I was soaked twice - but everyone enjoyed it - so where were YOU??

Planning these events can be quite interesting as one needs a short course for pure beginners, a medium course for those with a little experience and a longer course for both of the above and the experienced. So a few strolls around the park gave me a couple of ideas and checked that there were things to gripple to. We did get 5 new people who say they will be there next week but attendance was poor due to the rain, even the cafe closed an hour early. We did attract a cat though who seemed quite at home sat on Nikki's chair in the registration tent. LOL.

Many thanks for helpers collecting in and congrats to winners.

Anne Gibbs



Recent Results

Hartsholme Park

Cruise

1. Andrew Garbutt
2. James Littlefair
3. Andy Furnell

Jog

1. Alison Wright
2. Joy Brown

Run

1. Kevin Swinbourne
2. John Mather
3. Amanda Roberts

Boultham Park

Cruise

1. Lubomir Pavlicek
2. Hana Pavlicek
3. Andrew Garbutt

Jog

1. Sharon Mather
2. Michael May
3. Joe Stephens

Run

1. Ian Crowe
2. Amanda Roberts
3. Jane DeVille

West Common – 12th October 2019

LOG's criteria for success of an Orienteering event is simple, to have more competitors than controls. According to this criteria it was a failure with just 17 competitors and 19 controls.

After what had been a wet and miserable week, and with more rain forecast it was a dry and sunny day. So, for weather conditions it was a success.

Another success is that despite a low number of competitors we had a good mix of new faces, fairly newbies, old hands, and faces we thought had forgotten about us (No names mentioned...Bonesy).

The LOG family were on form with a smoothly ran event, thanks to those who manned the computer and collected in controls...the Chairman's chocolates were a successful and welcome addition at Registration.

Ana Koskela-Brooke made her LOG debut and took pole position on the Jog. Anne Gibbs beat rival Amanda Mylett and claimed victory over rapidly improving Stu Vickers on the Cruise. There was some fierce competition on the Run but it was Ian Crowe who was crowned the winner, the chocs must have slowed the Chairman down!

Planning West Common is always a pleasure as it is literally on my doorstep...I took a much needed break halfway through control hanging to hang my washing out and clean the bathroom!

Until next time... Ally (Dippy/ Dipster)



West Common

Cruise

1. Anne Gibbs
2. Stuart Vicers
3. Amanda Mylett

Jog

1. Ana Koskela-Brooke
2. Isobel May

Run

1. Ian Crowe
2. John Mather
3. Nick Lyons

South Common

Cruise

1. Alison Wright
2. Andrew Garbutt
3. Amanda Mylett

Jog

1. Isobel May

Run

1. Ian Crowe
2. Kevin Swinbourne
3. Amanda Roberts

South Common – 19th October 2019

As the South Common is one of our most well used areas, which made planning 3 different and interesting courses quite a challenge. After a couple of revisions and a visit to the area, I managed to get some courses together using 17 controls. The weather had been terrible on the lead up to the event, which lead to some slippy hills and deep marshes. Luckily on the day,



the sun stayed out, so all 20 competitors managed to stay dry. On the day, the Jog was won by Isobel May, the Cruise by Ally Wright and the Run by Ian Crowe and it seemed that the courses were enjoyed by all.

The real talking point of the event came courtesy of the horses. A few were quite quizzical whilst I was putting out controls, but they mainly kept their distance with a couple coming over to see what I was doing. Once I'd got the start set up, they decided that the grass surrounding the start was the best to eat. I managed to start most people around the horses, again, without too much trouble. With most of the competitors started, a couple became rather unruly, and decided to take it out on the start. After a hectic 5 minutes we moved what was left of the start to the other side of the fence, giving the final few an extra few seconds handicap. In the end, they only managed to damage a couple of map boxes and eat a few maps, so not quite as bad as when they ate Jeane's bike seat.

Craig Lucas

Puzzle



Can you identify this section of map from a recent LOG event?

The answer can be found on the last page!

Race Reviews

Allestree Park (DVO/EM League) – 1st December 2019

This was to be Lewis' first event running solo. He has been orienteering for a number of years and is competent navigating unaided. Having mastered the White, he has been making good strides on the Yellow. However, he suffers anxiety with running alone, scared of getting lost, and many a tear has been shed in the start box with him not wanting to venture out by himself. Finally, the day came when he announced he wanted to run alone. The condition being he would run a White (and I'd have to buy him a Macdonald's on the way home!).

Allestree is quite an open area of parkland and we were able to discuss most of the 1.6km course from the raised views around the start and finish. Starting a minute behind his brother, Lewis soon made good headway and I watched him successfully collect the first two controls. Waiting for him at the finish I could see him running back up the hill a few minutes later to collect controls 8-13. He finished in a time of 15:11 to claim second place, a little over a minute behind the winner.



Josh continues to make good progress on the Orange, finishing 3rd a little under 5 minutes behind the winner. Other good runs on the day came from Amanda and Ian on the Green, finishing 4th and 6th respectively and Tanya finishing 10th on a very fast Blue.

Cademan and Thringstone Woods (LEI/EM League) – 15th December 2019



Cademan is a surprisingly difficult wood to navigate. With an extensive and intricate path network across undulating terrain with dense undergrowth, it can be very tricky in the winter when the leaves have fallen and many of the paths become almost invisible. comments at the finish were testament to how difficult the courses were.

Lewis ran alone again and managed to beat second place by 3 seconds to claim victory on the White with a time of 16:35. He even found himself slightly lost and navigated himself out of the problem which will have given his confidence a massive boost.

Josh struggled on a difficult and challenging Orange to finish 10th, in 64:04 - a whopping 32 minutes behind the winner (an M21!). Amanda came home a solid 9th on the Green, 19 minutes behind the winner. |

East Midlands League

Following the completion of the final EM league event this year, the final table shows the following LOG members having finished in the top three on their respective courses:

White: Lewis Bones (1st)
Yellow: Lewis Bones (3rd)
Orange: Josh Bones (2nd)
Lt Green: Hannah Mather (1st)
Green: Amanda Roberts (2nd)
Joanne Nell (3rd)
Blue: Tanya Taylor (1st)

Well done to everyone who competed! Prizegiving will be held at the LEI Bramcote Hills event on Sunday 8th February.

The 2020 league will include the following events:

Sunday 05/01/2020	Strawberry Hill	NOC
Sunday 12/01/2020	Castle Hill	LEI
Sunday 02/02/2020	Harlaxton	LOG
Saturday 08/02/2020	Bramcote Hills & The Hemlockstone	NOC
Sunday 09/02/2020	Lindop Woods	DVO
Sunday 16/02/2020	Martinshaw Woods	LEI
Sunday 08/03/2020	Linacre	DVO
Sunday 29/03/2020	Outwoods	LEI
Sunday 17/05/2020	Black Rocks	DVO
Sunday 06/09/2020	Kedleston Hall	DVO
Sunday 04/10/2020	Burbage Common	LEI
Sunday 25/10/2020	Grangewood	DVO
Sunday 08/11/2020	Boundary Wood & Haywood Oaks	NOC
Sunday 15/11/2020	Hardwick Park	DVO
Sunday 13/12/2020	Bagworth Common & Woods	LEI
Sunday 20/12/2020	Walesby	NOC

As usual, the best 8 scores to count



East Midlands Urban League

The League finished back in November and the following LOG members finished in the top three:

Junior Men: Ben Mather (2nd)
Junior Women: Hannah Mather (1st)
Open Men: Mike Chapman (3rd)
Open Women: Andrea Page (1st)
Veteran Women: Tanya Taylor (1st)
Super Vet Women: Amanda Roberts (1st)

The 2020 league will include the following events:

Wednesday 01/01/2020	Wirksworth	DVO
Sunday 03/05/2020	The Meadows & Wilford Village	NOC
Sunday 31/05/2020	Barrow on Soar	LEI
Sunday 14/06/2020	Ashby	LEI
Sunday 28/06/2020	Belper	DVO
Sunday 16/08/2020	Lincoln City UKUL	LOG
Sunday 13/09/2020	Woodhall Spa	LOG
Sunday 27/09/2020	Clifton NW	NOC

Recent BOF Awards

Congratulations to the following club members on achieving the following BOF awards:

Hannah Mather Racing Challenge: Gold Award ****

Josh Bones: Navigation Challenge ***

Ian Crowe: Racing Challenge: Gold Award *****

Racing Challenge: Silver Award *****

Racing Challenge: Bronze Award *****

Navigation Challenge *****



Junior News

JIRCs

Ben and Hannah Mather both competed for the region at JIRCs. Hannah finishing 10th overall W14 individual and Ben 3rd overall Men's Relay.



Race Review – Isobel May

When I went orienteering at the West Common, the weather was perfect. There were three courses and I did the jog course. At the last control I got stuck in the mud, luckily Clare was behind me so she saved me. The table at the end had treats, they were delicious.



Blue Ribband Champion 2019

Craig Lucas was crowned LOG Club Champion at the annual Blue Ribband handicap chase. Taking place at NOC's Sherwood Pines event on 22nd December there was fast and furious head-to-head racing amongst the 25 LOGgers taking part. Full handicap results are on our [Results](#) page.



Up and Coming LOG Events

Club Night

Thursday 9th January: West Common
Thursday 16th January: South Common
Thursday 23rd January: Hartsholme Park
Thursday 30th January: Riseholme Park

EM League

Sunday 2nd February: Harlaxton College

Fight the Night Series

Monday 3rd February: Lincoln Central and South
Monday 10th February: Hartsholme and Swanholme
Monday 17th February: Lincoln West End
Monday 24th February: Lincoln East End & Arboretum

Event-O App

This is a brilliant free app for Android and iPhone users. It is fully customisable meaning you can search for events by regions, clubs and event sizes. It is simple to set up and provides a simple, clear calendar view of events from your selected filters.

More information can be found at: <http://thebricknells.co.uk/index.html>

you guess this LOG area

East Midlands Championships

Grimsthorpe Castle – Sunday 8th December

Well done to the following club members who became East Midlands Champions!

W14 – Hannah Mather
W45 – Tanya Taylor
M45 – John Mather
W55 – Joanne Nell



Away Trips 2020

Below is a selection of races further from home that the Club may have a presence at. The first – Edinburgh's Big Weekend, already has a good contingent from LOG going. Join the club's whatsapp group for details of hotel and transport arrangements!

Edinburgh Big Weekend

An ad-hoc trip to the Edinburgh Big Weekend is taking place 25th January, a good number have already booked hotels and trains, so if you fancy Burns Night in Scotland (or even a bit of Orienteering!) do join in.

British Championships – 21st & 22nd March

This year the British Championships are being held in Hampshire, with the Long race taking place on Saturday 21st March on Golden Valley and Cognor Woods and the relays being held on Sunday 22nd March at Iron Hill & Parkgate Rough.

JK - 10th – 13th April

The annual Easter festival visits the North York Moors. We will soon be recruiting for relay participants!

Euro City Tour 2020

2020 dates have been released and feature nine events including two in the UK.

21/22 March – Coimbra, Spain
25/26 April – Santiago de Compostela, Spain
13/14 June – Richmond, Yorkshire
27/28 June – Brussels, Belgium
4-6 September – Gdansk, Poland
12 September – London
3/4 October – Bordeaux, France
21/22 November – Nicosia, Cypress
26-29 December – Alicante, Spain



BOF Rankings – December 2019

1 (237 -1)	Craig Lucas	LOG	1997	M	7659
2 (293 +2)	Paul Murgatroyd	LOG	1967	M	7594
3 (447 +1)	Ben Mather	LOG	2003	M	7422
4 (495 +1)	Mike Chapman	LOG	1979	M	7368
5 (503 +1)	John Mather	LOG	1970	M	7362
6 (596 -1)	Kevin Swinbourne	LOG	1971	M	7274
7 (647 -1)	Justin Williams	LOG	1965	M	7229
8 (902 -2)	Tanya Taylor	LOG	1970	F	7020
9 (1414 +1)	Amanda Roberts	LOG	1962	F	6627
10 (1696)	Andrea Page	LOG	1976	F	6417
11 (1955 -1)	Jeffrey Baker	LOG	1951	M	6218
12 (2071 -1)	Martin Wheeler	LOG	1954	M	6129
13 (2413 -2)	Clare Hanna	LOG	1965	F	5816
14 (2482 -2)	Hayley Fox	LOG	1974	F	5748
15 (2491 -2)	Nick Lyons	LOG	1954	M	5735
16 (2613)	Trudy Crosby	LOG	1959	F	5599
17 (2618)	Daniel Alward-Smith	LOG	1981	M	5592
18 (2622)	Karen Williams	LOG	1969	F	5584
19 (2710 -1)	Marcus Lancaster	LOG	1966	M	5488
20 (3164 +6)	Anne Gibbs	LOG	1944	F	4726
21 (3297 +4)	Andy Furnell	LOG	1964	M	4361
22 (3384)	Sean Harrington	LOG	1958	M	4160
23 (3399 -1)	Geoff Gibbs	LOG	1941	M	4130
24 (3520 -7)	Liam Harrington	LOG	1988	M	3821
25 (3715 -5)	Stephen Wells	LOG	1958	M	3261
26 (3936 -6)	Julie Mendes	LOG	1971	F	2690
27 (4030 -7)	Glyn Mayley	LOG	1956	M	2416
28 (4091 -7)	Paul Barnes	LOG	1974	M	2290
29 (4181 -6)	Ian Crowe	LOG	1976	M	2112
30 (4208 -5)	Alison Wright	LOG	1984	F	2060
31 (4448 -2)	Lindsey Freeman	LOG	1952	F	1522
32 (4653 +1)	Stephen Bones	LOG	1980	M	1114
33 (4659 +1)	Craig Drury	LOG	1973	M	1109
34 (4836 -1)	Kevin Rice	LOG	1959	M	1001
35 (4842 -1)	Ian Williamson	LOG	1958	M	997
36 (4925 -1)	Holly Haywood	LOG	1992	F	935
37 (5277 -3)	Andrew McRae	LOG	1953	M	365

Puzzle Answer:

Belton Park

