



LOG NEWS

THE A TEAM



27 years of Lincoln Orienteering Group, for those that like to challenge and exercise the mind and body.

HALL OF FAME

A contingent of Loggers - names on right - made their way to this year's JK in South Wales – they all did us proud.

WELL DONE GUYS AND GALS

JK ENTRANTS

Paul Murgatroyd Amanda Roberts
 Trudy Crosby John Mather Ben Mather
 Tanya Taylor Jeff Baker Robin Stevens
 Dom Chris Anna Alex Bellety
 Justin Karen Toby Williams
 Chris Sanderson Delphine Suty

EMOA CHAMPIONS

Amanda Roberts
 Tanya Taylor



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GRANTHAM JOURNAL REPORT

Stoke Rochford's Tanya Taylor has enjoyed a lot of a success in a short space of time.

Just three years after she started orienteering, Tanya has won five titles over the past 12 months. The first was the East Midlands Urban League , Tanya achieved maximum points in each of the four events.

Her second title was the NopeSport trophy. Tanya was a comfortable winner of her age group.

Thirdly, Tanya won the East Midlands rural league

The other two titles came courtesy of her own orienteering club's winter and night-score competitions. Added to the titles, Tanya achieved a national ranking of sixth in her age group.

Letter Page

Dear LOG News
 When people refer to a 'Catching Feature' does this mean a hunk of a man will be waiting for me?? Caitlyn Fisher

Dear Caitlyn
 Sorry I think most hunky men would be way in front of you!!
 a 'Catching Feature' means a large feature – like a fence/hedge/wall/marsh anything that will stop you if you have gone too far and confirms you have gone past the control

Dear LOG News
 I don't understand people when they say "that was only a TD 3" what does TD stand for??
 Tabitha Dai

Dear Tabitha
 TD stands for the 'Technical Difficulty' of a course and it ranges from 1 to 5 with 1 being the easiest and 5 the hardest. There are various definitions of TD – Route Choice – Attack Point – Collecting Feature – Relocating Feature are some. A White course would be TD 1, a Yellow course TD 2, an Orange course TD3, a Light Green course TD4 and lastly TD5 would be Green , Blue , Brown , Black.



New Dance craze started by Liam and our chairman Paul Murgatroyd, Clare tries to copy while Andy refuses to play.



CHAIRMAN'S REPORT

How do we get more people interested in our great sport?' A difficult and taxing question, I'm sure you'll agree, especially in the flatlands of Lincolnshire, where woodland is scarce and contours are often things of dreams... This is not a natural area for adventurous pursuits and sometimes I envy clubs in the Lakes and Scotland for having great terrain and a culture of outdoor activities. Yes, they have more sports to compete with, but it must surely be an easier sell than here... Anyhow, it is what it is, as I often say to my vice-chair, and we must be more creative in what we do, in terms of marketing, publicity, recruitment, etc. The use of emerging technologies, such as social media, have enabled us to spread the message to a certain degree, but how do we look to convert this casual interest into something more concrete. Do we need to target our marketing in a more specialised and focused fashion. Certainly TVOC reported some success in a recent issue of Focus using advertising campaigns on Facebook to running groups and the 21-30 audience. It is something we need to consider, certainly, in order to grow and develop our club for the future. We all have a role to play here and should be active in selling our sport to friends, family, work colleagues, etc. and try to encourage them to come and have a go.

In terms of looking forward over the coming weeks, the next key event is the Lincs Challenge Shield and Spring Cup race at Boultham Park on May 29th, where I hope that as many LOG members will turn out to try to wrestle the trophy back off HALO, after last year's defeat at Swallow Vale. There then begins the second annual Lincs Urban League, running once more in conjunction with the aforementioned neighbours, and it should be a good one, with two new venues coming online for this. Please stick all these dates in the diary and come along to support the club and, especially, the planners, who's efforts should always be rewarded!

Cheers P

LINCS CHALLENGE SHIELD 29TH MAY 2014 BOULTHAM PARK

We need to win this back from HALO and return it to its rightful place.

So **PLEASE** come along and support your club all details on web site.

www.logonline.org.uk

RACE REPORTS

Riseholme Campus 3rd April by Paul Murgatroyd



The 2014 Spring Series kicked off with just over 30 runners in attendance at Riseholme Campus, a perennial favourite with LOG, and an area that always makes for great 'sprint-style' O! With the fact that we only had a limited amount of time before night hit, the courses were kept on the short side, with the Long only being 4.5k and 30m of climb. This made for some quick times on the two line courses, with NOC's Stefan Taylor blasting round the Short to win in just over twenty minutes, heading up Marsaili Jolly (HALO) and Ben Mather, who continues to enjoy his recovery from that nasty leg break earlier in the year.

The Long saw NOC's evergreen Robert Parkinson lay down his marker for the series, with a comfortable win over Jo Nell and Helen Parkinson, both tying for second around two minutes back. It was good to see newcomers to the club, Ross Beesley, Jill Williams and Sue Precious also taking up the challenge and all getting round in under the hour mark.

Finally the Technical, a 'master control' score course, saw the usual contenders for the medals lining up, with Liam Harrington heading off the threat posed by Tom George and HALO's Pete Harris, in second and third respectively, pretty comfortably. Pete had one of his best runs at a LOG event and really rose to the challenge of this cunning format, where revisiting the 'master control', in between at least two others, scored double the points and made for some interesting route choice dilemmas. A nice way to add something new to this well-known area.'

Stoke Rochford 10th April By Tanya Taylor



Stoke Rochford was my first foray into planning and although I say it myself I think it was a success. The area itself is large and undulating enough to provide some interesting orienteering. The short course used mainly the south of the estate grounds where there were lots of line features for the juniors and less experienced orienteers to use. The long course used the middle part of the estate which included some of the woodlands whilst the tech course used the middle and northern end of the estate and took in the three main woodlands. To make it a bit harder all the tracks and paths were removed from the tech map, something I was belated told I should have made clear to those taking part before they started. In all thirty-five people turned up on what turned out to be a grey overcast evening and all said that they enjoyed the courses and were surprised at the amount of the climb. We continue to get favourable comments from the estate and hopefully will continue to use it as a venue even though it is a bit far for some LOG members to travel too. Will I plan another? That remains to be seen

Revesby Estate 17th April By A & G Gibbs



The good news was that the finish was near the pub; the bad news was that it was a 1.5 km hike to the start.

All three courses started in the rough of Shire Wood and then the Short turned crossing a ploughed field while the others headed north to a plantation. All courses met again on the east side of Horncastle road, to the finish.

Turn-out was a little low due to the next day being Good Friday and the start of the JK event. Ben Mather won the Short course while Jo Nell took the Long by a whole minute from Robert Parkinson and Jeff Baker.

The Technical was a 45 minute Score course with a rule that one particular control had to be collected first. This was done to give more route choice. Liam collected all 20 controls in 42 minutes; Tanya came in second with 16 controls, then Pete Harris. Paul was saving his strength for the JK and Sean donated most of his points to the time clock.

STAPLEFORD WOODS 28th April BY Amanda Roberts



The weather forecast said that one would be extremely unlucky to be caught in a shower on Thursday evening - well we were unlucky, and it was more than a 2 minute shower! Even so we had a good turnout for the evening and wisely, everyone decided to take a map bag.

Stapleford used to be one of our best orienteering areas. However, since the big storm in 2007 that flattened most of the NW side of the wood, the Forestry Commission have been clearing and re-planting and there are very few bits of the wood that are 'nice' runnable woodland with interesting orienteering features. To the SE of the road there has been less forestry work and I had hoped to move the courses to this less used area. After an afternoon tromping round I realised that a lot of the path network and forest floor have become overgrown and covered in brambles making route choice limited and not particularly appealing so it was back to the plan A. Nevertheless, everyone seemed to enjoy the evening, despite the weather, and I would like to thank those who stayed to help collect in the controls.

Congratulations to Liam Harrington, Benno Schuetz, and Jacob Smith for their successes on the day.

We might get to Morkery Woods next year!

Grimsthorpe Estate 1st May By Jeff Baker

A new area and a new experience for me as planner. The newly mapped woodlands at

Grimsthorpe proved more of a challenge than I would have thought. The estate have been really keen for us to make use of the area the idea being that those using it would hopefully return and visit the house and grounds at some stage. Having said this they did impose conditions on us – ie we couldn't use the pheasant pens. To be aware of the areas the farmer was using for grazing and not to use the back gate as the start which would have opened the area up a bit more.

In the event you can only work with what you have and the three planned courses made use of all the available features. The fact that people had to travel made for a late start and a bit later than usual finish

I think people were surprised at the undulating nature of the ground and the fact that there were an abundance of stinging nettles. We were probably about a month too late although if there had been a proper cold winter it might have been a bit better. Thirty one entries was quite good and hopefully everyone enjoyed the experience. Our next event there will probably be a sprint for which the area around the house has been mapped.



South Common 8th May By Trudy Crosby

Just over 30 dedicated orienteers turned up to the last event of the Spring series when, yet again the rain poured down. Trying something different on South Common, which is so familiar to most LOG orienteers provided a new and tough challenge with a higher percentage than normal not recording a score. More of the technical runners would probably have finished if the weather had been kinder but the torrential rain made for a torrid time.

However, despite a shaky start (6th out of 8 competitors to the first control) Paul Murgatroyd finished in first place with Liam Harrington missing out on a clean sweep of all 6 Spring Series events due to a mis-hung control (sorry Liam!!). The comments received by competitors after finishing were positive and most had enjoyed the technical challenge despite missing (or ignoring) the instruction –‘take a pen’.

The long course was slightly shorter than at some events but most competitors were quite pleased about this. Some did manage to extend their time by opting to take the direct route at the far end of the Common. Straight is not always the quickest and the course had been planned to give the option of avoiding wading through the nettles. Few if any used this option though. Joanne Nell put in her usual solid performance to win by 3 minutes from Jeff Baker. Helen Parkinson from NOC came in third.

Nicky Harrington strode round the common to take first place on a Short course whose numbers were swelled by a Scout troop who came up with some interesting team names. It was probably not the best weather for an introduction to orienteering and none of the teams managed to complete but they seemed to have had a good time.

Planning on South Common did provide me with a challenge but not nearly as much as actually hanging the controls which all needed securing with gripples and took me considerably longer than I had anticipated. It is certainly a good way to get the dogs walked though.

Roll on the Summer!!



DIARY DATES

DATE	VENUE	CLUB
12 th June	Lincoln City	LOG
19 th June	Bottesford	HALO
26 th June	Branston	LOG
3 rd July	Broughton	HALO
10 th July	Splading	LOG
17 th July	Barton on Humber	HALO

DATE	VENUE	CLUB
1 st June	Oxclose Wood	NOC
8 th June	Burrough Hill	LEI
22 nd June	Carsington	DVO
6 th July	Rushcliff	NOC
20 th July	Burnstump	NOC

DATE	VENUE	CLUB
11 th May	Matlock	DVO
18 th May	Newark	NOC
13 th July	Oakwood	DVO
31 st Aug	Lincoln City	LOG
14 th Sept	Southwell	NOC
20 th Sept	Loughborough	LEI
25 th Oct	Washinborough	LOG



COMPETITION TIME



Send in your caption and win this months star prize

**Can you think of a name for
the collective term of a
number of Logger's ??**

What every orienteer should have for drying their shoes - a homemade house.....

Orders being taken now for Christmas...



A 'Logger' arranged to meet some people for an early morning run, he never turned up, when asked why his reply was "I set my alarm on silent" !!!

In April, one of our motivated City Council Healthy Lifestyle Team had a wonderful idea to get her office colleagues fit. *Have a team-building exercise with the challenge of Orienteering.* As the Council own Hartsholme Park, that was going to be the obvious venue and of course LOG were approached to make things happen. The project was presented to LOG hierarchy and got systematically passed down the ranks. It eventually reached the bottom of the barrel so AG and GG got the job. On the day fourteen Council office staff turned up in jeans and sneakers, they looked interested but not exactly 'raring to go'. The first event was a compass and map orientation exercise on the sports field, followed by a 20 control / 45 minutes Score course. The Score combatants were split into pairs but they didn't have much idea so we gave them their maps early to help. One pair made an effort; another covered a decent distance but missed the controls. We won't talk about the rest, I don't think the event will do anything to increase our membership, but we did make £56 for LOG. Thanks tax payers.



Spring is here and we are all busy with spring cleaning, gardening and soaking in that much needed sun and our thoughts are turning away from nettles and brambles and hopefully cold rainy mornings and moving towards Urban races. Urban are so different from cross terrain as they enable one to run that bit faster, some find it easier to read the maps but most importantly they bring us into the eye of the public, so when that extra-large lady with a dozen kids gets in your way try to smile as we may be able to get them interested. If you look at the results of the past few weeks at various places numbers seem down on other years, we need to get more people interested especially youngsters. So if you can think of any way to lure people to thier first O event do please tell us your ideas .



Thanks again for all your support in sending me material for this newsletter, EVERYTHING is very gratefully received.

Anne Gibbs newsletter@logonline.org.uk

Editor

THE COMMITTEE

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