

# FINAL DETAILS for *The Skegness Urban Race 2018*

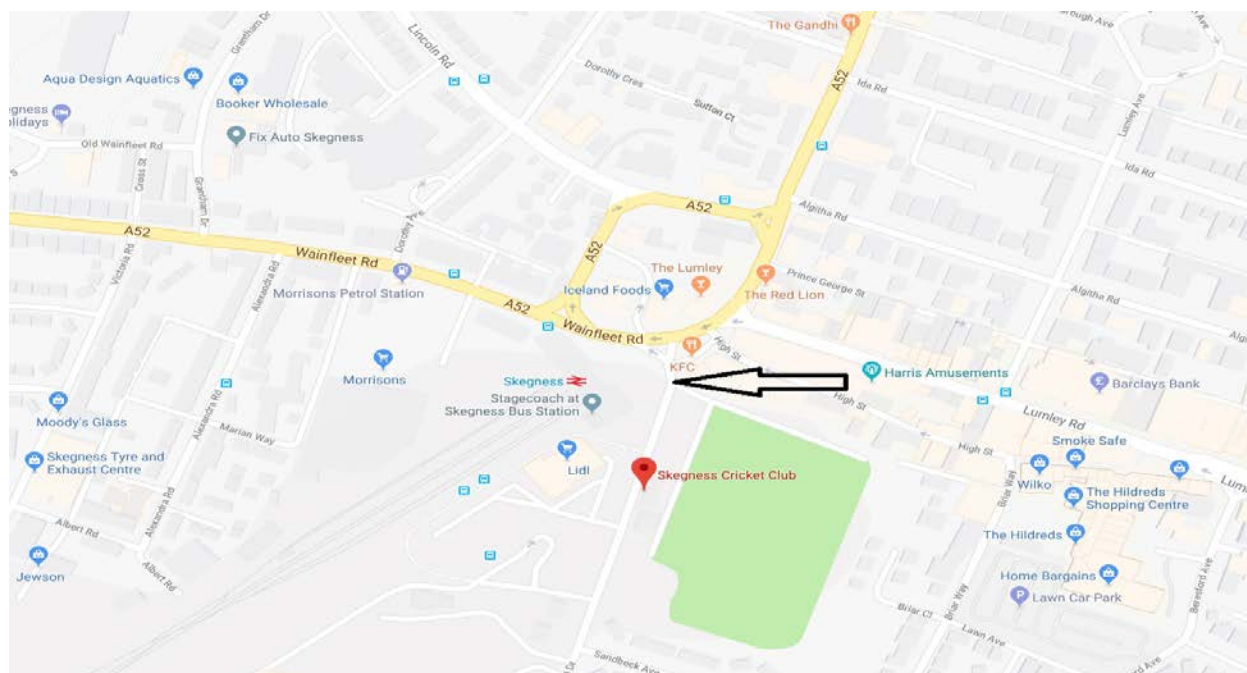


## Forming part of the UK and East Midlands Urban Leagues

### Travel

For travel from the west and north, take the A158 Skegness Road, until the traffic lights at the junction of Burgh Road and Lincoln Road. Take the right hand lane at the lights and turn onto Lincoln Road. Follow this down until the large roundabout that has the Lumley Hotel situated in the middle and then go around this until you see the train station. Turn off here onto Richmond Drive and then immediately left into Skegness cricket club ground (virtually straight off the roundabout – see black arrow on the map below!)

For travel from the south, take the A52, Wainfleet Road, until the large roundabout that has the Lumley Hotel situated in the middle – then, as above. The event will not be signposted until you arrive at the entrance to Skegness cricket club (nearest postcode PE25 3QN).



## Car Parking

Car parking is at Skegness cricket club, accessed via Richmond Drive (as described above). Nearest postcode is PE25 3QN, grid reference TF563632. Car parking is £4.00 per car all day. Alternative car parks are available and on street parking can be found nearby.

## Assembly/Registration

Assembly, registration and download is in Skegness Cricket Club, which is within sight of the car parking area. Registration and download is open from 09:15am. The club has changing and shower facilities. Refreshments are available in the cricket club and there are many eateries within a few minutes' walk of the cricket ground. There will be a blank map of the area available at assembly, along with warm-up maps showing the route to the call-up area.

## Entries

Available at Fabian4 - <http://www.fabian4.co.uk/> until midnight of Sunday 17<sup>th</sup> June.

Prices are: Seniors £12 (reduced to £10 for members of British Orienteering); Juniors £4; SI card hire £1/SIAC card hire £2.

## EOD

Limited entry on the day is available, dependent on availability of maps, with supplement of £2 seniors and £1 juniors.

## Start

The start is around 750 metres of the assembly area and is a punching start. A warm-up map showing the route will be available at registration, with limited taping at the start of the route to help guide you. Please do not stray off this map, as all other areas are OOB until after your run.

Start times are from 10:00am - 12:00pm (note – earlier times than usual to avoid traffic and tourists as much as possible), with start windows as follows: **Early** – 10:00-10:40am; **Middle** – 10:40-11:20am; **Late** – 11:20am-12pm. Please make your way to the pre-start area in order to start in your chosen block. Courses close at 1:30pm.

Call up and safety notices will be on display at -4 minutes. Loose control descriptions for all courses are available at -3 minutes. Descriptions on courses 1-6 are pictorial (written for course 7) and they will also be printed on the map (courses 1 & 2 are on the reverse of the map). There will be a blank map of the area available in the start lane for viewing at -2 minutes.

## Finish

The finish for all courses 1-5 is near the start and it is around 750 metres back to download.

## Map

1:5000 to ISSOM standards, with 2018 updates, printed on waterproof A3 sized paper. A previous version can be seen here: <http://www.log.routegadget.co.uk/rg2/#71>

A limited legend, denoting all the uncrossable features and OOB areas, is on the map, and, if you are new to Urban Orienteering, please take time to study this, noticing all the places you must not go. In particular, note that any area shown on the map as purple, olive green or dark blue is not to be entered. Purple hatching shows out of bounds areas. Thick black lines **MUST NOT BE CROSSED**. All out of bounds areas listed above are to be strictly adhered to.

## Controls

This is an SI electronic punching event, with air punching enabled. Expect to find the SI boxes within wooden boxes, attached via gripples, to the control feature, along with the standard kite.

## Safety

Competitors take part at their own risk and are responsible for their own safety. If travelling alone, or if you want us to ensure your safe return, please leave car keys at registration. A mobile phone number attached would allow us to ring you to find out where you are.

**All courses cross roads**, some of them reasonably busy, so be aware of traffic. The junior courses, 6 & 7, have been designed to avoid major road crossings. Please take care when you do decide to cross any main roads and give way to cars and cyclists at all times.

Please be courteous to pedestrians encountered and take care also turning blind corners, particularly around buildings, in narrow alleys and going up and coming down steps. Please slow down and run wide on corners. If it is wet, some of the surfaces can be slippery. The terrain will be a mixture of tarmac, open parkland, sandy beaches and woodland tracks. First Aid available at Enquiries. Local Urgent Care Centre – Skegness & District General Hospital, Dorothy Avenue , Skegness, Lincolnshire, PE25 2BS. Tel: 01754 762401.

## Courses

Course lengths, climb and no. of controls are as follows:

**1:** Men's Open (9.4k distance, 45m climb, 30 controls)

**2:** Women's Open & Men's Vet (7.8k, 40m, 25)

**3:** Men's Super-Vet & Women's Vet (6.4k, 35m, 25)

**4:** Men's Ultra-Vet & Women's Super-Vet (4.9k, 30m, 20)

**5:** Men's Hyper-Vet, Women's Ultra-Vet & Women's Hyper-Vet (4.0k, 25m, 17)

**6:** Men's and Women's Junior (16-) (4.3k, 20m, 21)

**7:** Men's and Women's Junior (12-) (2.9k, 15m, 15)

## Results

Will be available at assembly, where regular updates will be provided. They will also be on the internet as soon as possible after the event, along with Routegadget to plot and compare your routes.

## Officials

Organiser            Sean Harrington 01522 791344; sean@logonline.org.uk

Planner              Paul Murgatroyd (LOG)

Controller          Jeff Baker (LOG)